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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has **1,503** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

### Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Managing your health conditions](#)
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- [Protecting yourself and others](#)
- [Self-isolation for close contacts](#)

## Health professionals

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## Information for:

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## Current situation

- [Current cases](#)
- [Significant clusters of cases](#)
- [Border controls](#)

- [Epidemic notice and Health Act Orders](#)
- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)

## News and media updates

- [20 May - Media update](#)
- [20 May - NZ COVID Tracer app released](#)
- [19 May - No new cases](#)
- [19 May - Media update](#)
- [18 May - No new cases](#)
- [18 May - Media update](#)

[All news and media updates](#)

## Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

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## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 20 May:

- [NZ COVID Tracer app](#)

### 19 May:

- [Information for people who receive hospice care in the home at Alert Level 2](#)
- [Public health guidelines for businesses, services and community organisations at Alert Level 2](#)
- [Updated questions and answers for primary health care workers](#)

### 18 May:

- [Updated: Primary care quick reference guide](#)
- [Updated: Information for community-based midwives](#)

### 17 May:

- [Working paper: Consequences and mitigation strategies for COVID-19 control measures](#)

- [Working paper: Aotearoa/New Zealand's COVID-19 elimination strategy: an overview](#)
- [Updated advice for Public and private events and gatherings](#)

**16 May:**

- [Published: Kia Kaha, Kia Māia, Kia Ora Aotearoa - COVID-19 psychosocial and mental wellbeing recovery plan and consultation](#)
- [Updated: Deaths, funerals and tangihanga](#)
- [Updated: Mental health and wellbeing resources](#)
- [Added: Information and advice for the deaf community](#)

**15 May:**

- [Updated: Personal protective equipment use for non-health workers](#)
- [Updated: Personal protective equipment use in health care](#)
- [Updated: Information for Hospice providers](#)

**14 May:**

- [Updated: Visiting policy in aged residential care under Alert Level 2](#)
- [Added: Information on Alert Level 2 for disabled people](#)
- [Added: Disability Support Services at Alert Level 2](#)
- [Added: About COVID-19](#)
- [Added: Assessment and testing for COVID-19](#)
- [Added: Protecting yourself and others from COVID-19](#)
- [COVID-19 quarantine and managed isolation numbers](#)
- [Quarantine and managed isolation at Alert Level 2](#)

**13 May:**

- [Updated: Advice for community allied health, scientific and technical providers](#)
- [Updated: Advice for older people and their family and whanau](#)
- [Alert Level 2 guidance for Well Child Tamariki Ora](#)
- [Deaths, funerals and tangihanga: what happens at Alert Level 2](#)
- [Updated: Information for pregnant women, and those who have recently given birth](#)
- [Information for radiologists on community-based maternity ultrasounds at Alert Level 2](#)
- [Health and disability services at Alert Level 2](#)
- [Updated: COVID-19: Information for parents during Alert Level 2](#)

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## Emergencies

Dial 111 (for ambulance, fire or police)

## Healthline

Dial 0800 611 116

## Poisons

Dial 0800 POISON (0800 764 766)

## Mental health crisis

Emergency contact numbers

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