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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has **1,504** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

### Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
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## Health professionals

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## Current situation

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- [Significant clusters of cases](#)
- [Border controls](#)

- [Epidemic notice and Health Act Orders](#)
- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)

## News and media updates

- [22 May - 1 new case](#)
- [No live media briefings 22, 23, 24 May](#)
- [21 May - No new cases](#)
- [21 May - Media update](#)
- [21 May - More choice of Mental Health and Wellbeing Support for Young People](#)

[All news and media updates](#)

## Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 21 May:

- [NZ COVID Tracer app - Integrating with third party solutions](#)
- [Updated: NZ COVID Tracer app questions and answers](#)
- [COVID-19 Contact Tracing Data Standard \(HISO 10085:2020\)](#)
- [Guidance for businesses on workplace screening: COVID-19 testing and temperature checking](#)

### 20 May:

- [Updated: Screening form for a person to enter an aged residential care facility](#)
- [Updated quarantine and managed isolation numbers](#)
- [NZ COVID Tracer app](#)

### 19 May:

- [Information for people who receive hospice care in the home at Alert Level 2](#)
- [Public health guidelines for businesses, services and community organisations at Alert Level 2](#)
- [Updated questions and answers for primary health care workers](#)

#### 18 May:

- [Updated: Primary care quick reference guide](#)
- [Updated: Information for community-based midwives](#)

#### 17 May:

- [Working paper: Consequences and mitigation strategies for COVID-19 control measures](#)
- [Working paper: Aotearoa/New Zealand's COVID-19 elimination strategy: an overview](#)
- [Updated advice for Public and private events and gatherings](#)

#### 16 May:

- [Published: Kia Kaha, Kia Māia, Kia Ora Aotearoa - COVID-19 psychosocial and mental wellbeing recovery plan and consultation](#)
- [Updated: Deaths, funerals and tangihanga](#)
- [Updated: Mental health and wellbeing resources](#)
- [Added: Information and advice for the deaf community](#)

#### 15 May:

- [Updated: Personal protective equipment use for non-health workers](#)
- [Updated: Personal protective equipment use in health care](#)
- [Updated: Information for Hospice providers](#)

#### 14 May:

- [Updated: Visiting policy in aged residential care under Alert Level 2](#)
- [Added: Information on Alert Level 2 for disabled people](#)
- [Added: Disability Support Services at Alert Level 2](#)
- [Added: About COVID-19](#)
- [Added: Assessment and testing for COVID-19](#)
- [Added: Protecting yourself and others from COVID-19](#)
- [COVID-19 quarantine and managed isolation numbers](#)
- [Quarantine and managed isolation at Alert Level 2](#)

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#### Where to go for help

#### Emergencies

Dial 111 (for ambulance, fire or police)

#### Healthline

Dial 0800 611 116

**Poisons**  
**Dial 0800 POISON (0800 764 766)**

**Mental health crisis**  
**Emergency contact numbers**

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