

Search



Diseases and
Home > Our work > conditions > COVID-19

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,504** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Managing your health conditions](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self-isolation for close contacts](#)

Health professionals

- [Advice for all health professionals](#)
- [Allied health professionals](#)
- [Cancer and screening services](#)
- [Case definition](#)
- [Funded temporary accommodation](#)
- [Health sector providers](#)
- [Join the COVID-19 surge workforce](#)
- [Maternity](#)
- [Medical transfer](#)
- [Mental health and addiction](#)
- [PPE use in health care](#)
- [Pharmacy](#)
- [Primary care](#)
- [Recording COVID-19](#)
- [Telehealth and online tools](#)
- [Well Child providers](#)

Information for:

- [Air crew and border sector](#)
- [Cleaning services](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Hospice patients](#)
- [Older people](#)
- [Parents](#)
- [Personal protective equipment \(PPE\)](#)
- [Pregnant women](#)
- [Public & private events and gatherings](#)
- [Travellers arriving to NZ](#)
- [Supporting a person with dementia](#)
- [Workplaces](#)

Current situation

- [Current cases](#)
- [Significant clusters of cases](#)
- [Border controls](#)

- [Epidemic notice and Health Act Orders](#)
- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [22 May - 1 new case](#)
- [No live media briefings 22, 23, 24 May](#)
- [21 May - No new cases](#)
- [21 May - Media update](#)
- [21 May - More choice of Mental Health and Wellbeing Support for Young People](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

21 May:

- [NZ COVID Tracer app - Integrating with third party solutions](#)
- [Updated: NZ COVID Tracer app questions and answers](#)
- [COVID-19 Contact Tracing Data Standard \(HISO 10085:2020\)](#)
- [Guidance for businesses on workplace screening: COVID-19 testing and temperature checking](#)

20 May:

- [Updated: Screening form for a person to enter an aged residential care facility](#)
- [Updated quarantine and managed isolation numbers](#)
- [NZ COVID Tracer app](#)

19 May:

- [Information for people who receive hospice care in the home at Alert Level 2](#)
- [Public health guidelines for businesses, services and community organisations at Alert Level 2](#)
- [Updated questions and answers for primary health care workers](#)

18 May:

- [Updated: Primary care quick reference guide](#)
- [Updated: Information for community-based midwives](#)

17 May:

- [Working paper: Consequences and mitigation strategies for COVID-19 control measures](#)
- [Working paper: Aotearoa/New Zealand's COVID-19 elimination strategy: an overview](#)
- [Updated advice for Public and private events and gatherings](#)

16 May:

- [Published: Kia Kaha, Kia Māia, Kia Ora Aotearoa - COVID-19 psychosocial and mental wellbeing recovery plan and consultation](#)
- [Updated: Deaths, funerals and tangihanga](#)
- [Updated: Mental health and wellbeing resources](#)
- [Added: Information and advice for the deaf community](#)

15 May:

- [Updated: Personal protective equipment use for non-health workers](#)
- [Updated: Personal protective equipment use in health care](#)
- [Updated: Information for Hospice providers](#)

14 May:

- [Updated: Visiting policy in aged residential care under Alert Level 2](#)
- [Added: Information on Alert Level 2 for disabled people](#)
- [Added: Disability Support Services at Alert Level 2](#)
- [Added: About COVID-19](#)
- [Added: Assessment and testing for COVID-19](#)
- [Added: Protecting yourself and others from COVID-19](#)
- [COVID-19 quarantine and managed isolation numbers](#)
- [Quarantine and managed isolation at Alert Level 2](#)

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Other Ministry of Health websites

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Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons
Dial 0800 POISON (0800 764 766)

Mental health crisis
Emergency contact numbers

[New Zealand Government](#)

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