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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,504** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



From 12pm on Friday 29 May several changes to the Alert Level 2 rules will come into effect. These include new increased limits for gatherings and events and the removal of the need for funerals or tangihanga to register via the Ministry of Health. Further information about these changes is available on the [COVID-19 website](#).

Āwhina app

The Ministry has launched [Āwhina](#) - an app which helps health workers stay up to date on the latest COVID-19 information and receive notifications when new content is added or updated. Find out more about [Āwhina](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)

- [Face mask and hygiene advice](#)
- [Managing your health conditions](#)
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Health professionals

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Current situation

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- [Border controls](#)
- [Epidemic notice and Health Act Orders](#)
- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [28 May - No new cases](#)
- [28 May - Media update](#)
- [27 May - No new cases](#)
- [27 May - New app puts tailored COVID-19 information in the hands of health workers](#)
- [27 May - Media update](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [Ministry social media](#)
- [Information in other languages](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

27 May:

- [Āwhina app for health workers launched](#)
- [Published: COVID-19 Health and Wellbeing Survey](#)

26 May:

- [Updated: Guidance for Mental Health Act processes and Mental Health Act information for service users](#)
- [Updated: Quarantine and managed isolation numbers](#)

25 May:

- [COVID-19 Elimination Strategy for Aotearoa New Zealand](#)

22 May:

- [Updated: Self-isolation for close contacts](#)
- [Updated: Case definition](#)
- [Updated: Primary care quick reference guide](#)
- [Updated: Alert Level 2 guidance for managing residents entering and exiting aged residential care facilities](#)
- [Updated: Advice for all health professionals](#)
- [Updated: Advice for higher risk people](#)
- [Updated: Funded temporary accommodation for front-line workers](#)

21 May:

- [NZ COVID Tracer app - Integrating with third party solutions](#)
- [Updated: NZ COVID Tracer app questions and answers](#)
- [COVID-19 Contact Tracing Data Standard \(HISO 10085:2020\)](#)
- [Guidance for businesses on workplace screening: COVID-19 testing and temperature checking](#)

20 May:

- [Updated: Screening form for a person to enter an aged residential care facility](#)
- [Updated quarantine and managed isolation numbers](#)
- [NZ COVID Tracer app](#)

Page last updated: **28 May 2020**



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Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

