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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has **1,504** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

### Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



From 12pm on Friday 29 May several changes to the Alert Level 2 rules came into effect. For a summary of these changes, see the [COVID-19 website](#) or our updated guidelines for [social gatherings](#), [businesses and services](#), and [deaths, funerals, and tangihanga](#).

### Āwhina app

The Ministry has launched [Āwhina](#) - an app which helps health workers stay up to date on the latest COVID-19 information and receive notifications when new content is added or updated. Find out more about [Āwhina](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
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## Current situation

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- [Epidemic notice and Health Act Orders](#)
- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)
- [COVID-19 Elimination Strategy for NZ](#)

## News and media updates

- [29 May - No new cases](#)
- [28 May - No new cases](#)
- [28 May - Media update](#)
- [27 May - No new cases](#)
- [27 May - New app puts tailored COVID-19 information in the hands of health workers](#)

[All news and media updates](#)

## Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

29 May:

- [Updated: Infection prevention and control procedures for DHB acute care hospitals](#)
- [Updated: Alert 2: Risk assessment questions if COVID-19 status is unknown](#)

- [Updated: Frequently asked questions about PPE](#)
- [Updated: NZ COVID Tracer app section](#)
- [Updated: Use of face masks in the community and Review of science and policy around face masks and COVID-19](#)
- [Updated: General cleaning and disinfection advice](#)
- [Updated: Social gatherings](#)
- [Updated: Guidelines for businesses and services at Alert Level 2](#)
- [Updated: Public health guidelines for businesses and services](#)

**27 May:**

- [Āwhina app for health workers launched](#)
- [Published: COVID-19 Health and Wellbeing Survey](#)

**26 May:**

- [Updated: Guidance for Mental Health Act processes and Mental Health Act information for service users](#)
- [Updated: Quarantine and managed isolation numbers](#)

**25 May:**

- [COVID-19 Elimination Strategy for Aotearoa New Zealand](#)

**22 May:**

- [Updated: Self-isolation for close contacts](#)
- [Updated: Case definition](#)
- [Updated: Primary care quick reference guide](#)
- [Updated: Alert Level 2 guidance for managing residents entering and exiting aged residential care facilities](#)
- [Updated: Advice for all health professionals](#)
- [Updated: Advice for higher risk people](#)
- [Updated: Funded temporary accommodation for front-line workers](#)

**21 May:**

- [NZ COVID Tracer app - Integrating with third party solutions](#)
- [Updated: NZ COVID Tracer app questions and answers](#)
- [COVID-19 Contact Tracing Data Standard \(HISO 10085:2020\)](#)
- [Guidance for businesses on workplace screening: COVID-19 testing and temperature checking](#)

**20 May:**

- [Updated: Screening form for a person to enter an aged residential care facility](#)
- [Updated quarantine and managed isolation numbers](#)
- [NZ COVID Tracer app](#)

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Page last updated: **29 May 2020**



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## Where to go for help

### Emergencies

Dial 111 (for ambulance, fire or police)

### Healthline

Dial 0800 611 116

### Poisons

Dial 0800 POISON (0800 764 766)

### Mental health crisis

Emergency contact numbers

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