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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,504** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



From 12pm on Friday 29 May several changes to the Alert Level 2 rules came into effect. For a summary of these changes, see the [COVID-19 website](#) or our updated guidelines for [social gatherings](#), [businesses and services](#), and [deaths, funerals, and tangihanga](#).

Āwhina app

The Ministry has launched [Āwhina](#) - an app which helps health workers stay up to date on the latest COVID-19 information and receive notifications when new content is added or updated. Find out more about [Āwhina](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
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- [Caring for yourself and others at home](#)
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Current situation

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- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)
- [COVID-19 Elimination Strategy for NZ](#)

News and media updates

- [31 May - No new cases](#)
- [30 May - No new cases](#)
- [29 May - No new cases](#)
- [28 May - No new cases](#)
- [28 May - Media update](#)
- [27 May - No new cases](#)

[All news and media updates](#)

Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
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- [Information in other languages](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

31 May:

- [Updated: Testing rates for ethnicity and DHB](#)

29 May:

- [Updated: Infection prevention and control procedures for DHB acute care hospitals](#)
- [Updated: Alert 2: Risk assessment questions if COVID-19 status is unknown.](#)
- [Updated: Frequently asked questions about PPE](#)
- [Updated: NZ COVID Tracer app section](#)
- [Updated: Use of face masks in the community and Review of science and policy around face masks and COVID-19](#)
- [Updated: General cleaning and disinfection advice](#)
- [Updated: Social gatherings](#)
- [Updated: Guidelines for businesses and services at Alert Level 2](#)
- [Updated: Public health guidelines for businesses and services](#)

27 May:

- [Āwhina app for health workers launched](#)
- [Published: COVID-19 Health and Wellbeing Survey](#)

26 May:

- [Updated: Guidance for Mental Health Act processes and Mental Health Act information for service users](#)
- [Updated: Quarantine and managed isolation numbers](#)

25 May:

- [COVID-19 Elimination Strategy for Aotearoa New Zealand](#)

Page last updated: **31 May 2020**



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Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

