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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

On Monday 8 June at 11.59 pm New Zealand moved to **Alert Level 1**.  
To find out more see [Health and disability services at Alert Level 1](#).

There are 25 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1544 – see our [current cases page](#).

The focus is now on protecting New Zealanders with:

- [robust border controls](#)
- [continued surveillance and testing](#)
- [contact tracing capability](#) and rapid isolation of new cases
- [public support to prevent any further spread, like good hygiene](#) and [keeping records of movement](#).

See our [elimination strategy for Aotearoa New Zealand](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Mental health and wellbeing](#)
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- [Self-isolation for close contacts](#)

## Health professionals

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## Current situation

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- [Health and disability services at Alert Level 1](#)
- [COVID-19 modelling reports and background papers](#)
- [COVID-19 Elimination Strategy for NZ](#)
- [PHU Contact Tracing "Deep Dive": Rapid reports](#)

## News and media updates

- [12 July - 1 new case](#)
- [11 July - 1 new case](#)
- [10 July - 2 new cases](#)
- [9 July - 3 new cases](#)

[All news and media updates](#)

## Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)

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## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

**8 July:**

- [Updated: Guidance to support implementation of the COVID-19 Public Health Response \(Air Border\) Order 2020](#)
- [Updated: Maritime sector: No Change in Health Status Report for Health Pratique](#)
- [Updated: Quarantine and managed isolation numbers](#)

**7 July:**

- [Updated: Border control measures](#)

**3 July:**

- [Updated: Infection prevention and control procedures for DHB acute care hospitals](#)
- [Updated: Managed isolation and quarantine](#)
- [Updated: Advice for travellers](#)
- [Updated: COVID-19: Advice for all health professionals](#)
- [Updated: Advice to border sector: COVID-19 becomes a quarantinable disease](#)
- [Updated: No Change of Health Status Report for Health Pratique form](#)
- [Updated: Frequently asked questions about PPE and COVID-19](#)

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Page last updated: **12 July 2020**



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## Where to go for help

### Emergencies

Dial 111 (for ambulance, fire or police)

### Healthline

Dial 0800 611 116

### Poisons

Dial 0800 POISON (0800 764 766)

### Mental health crisis

Emergency contact numbers

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