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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand is currently at **Alert Level 1**. To find out more see [Health and disability services at Alert Level 1](#).

There are 22 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1555 – see our [current cases page](#).

The focus is now on protecting New Zealanders with:

- [robust border controls](#)
- [continued surveillance and testing](#)
- [contact tracing capability](#) and rapid isolation of new cases
- [public support to prevent any further spread, like good hygiene](#) and [keeping records of movement](#).

See our [elimination strategy for Aotearoa New Zealand](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
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- [COVID-19 Elimination Strategy for NZ](#)
- [COVID-19 Surveillance plan and testing strategy](#)
- [PHU Contact Tracing "Deep Dive": Rapid reports](#)

News and media updates

- [23 July - No new cases](#)
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- [22 July - No new cases](#)
- [21 July - 1 new case](#)
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Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

22 July:

- [Updated: Border controls](#)
- [Updated: Self-isolation for close contacts](#)
- [Updated: Deaths, funerals and tangihanga](#)

21 July:

- [Surveillance plan and testing strategy](#)

17 July:

- [Updated: Case definition](#)
- [Update: Advice for all health professionals](#)

16 July:

- [Updated: Border Advisory](#)
- [Updated: COVID-19 Health and Wellbeing Survey](#)

Page last updated: **23 July 2020**



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Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

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