



#### Search

Q

Diseases and

Home > Our work > conditions

> COVID-19

# **COVID-19 (novel coronavirus)**

This section provides the latest updates, information and advice on COVID-19.

## **Current situation**

New Zealand is currently at Alert Level 1. To find out more see Health and disability services at Alert Level 1.

There are 20 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1560 – see our current cases page.

The focus is now on protecting New Zealanders with:

- robust border controls
- continued surveillance and testing
- contact tracing capability and rapid isolation of new cases
- public support to prevent any further spread, like good hygiene and keeping records of movement.

See our elimination strategy for Aotearoa New Zealand.

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

## **NZ COVID Tracer app**

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

Find out more >



# Health advice for the public

- About COVID-19: Symptoms, spread and where to get help
- · Assessment and testing
- Caring for yourself and others at home
- Contact tracing
- Face mask and hygiene advice
- Mental health and wellbeing
- Protecting yourself and others
- Self-isolation for close contacts

# **Health professionals**

- Advice for all health professionals
- Allied health professionals
- <u>Āwhina app</u>
- Cancer and screening services
- Case definition and testing guidance
- Funded temporary accommodation
- Health sector providers
- Join the COVID-19 surge workforce
- Maternity
- Medical transfer
- Mental health and addiction
- PPE use in health care
- Pharmacy
- Primary care
- Recording COVID-19
- Telehealth and online tools
- Well Child providers

## **Information for:**

- Border sector
- Businesses and services
- Cleaning services
- Deaths, funerals and tangihanga
- Disabled people
- Hospice patients
- Older people
- Parents
- Personal protective equipment (PPE)
- Pregnant women
- **Gatherings**
- Travellers entering or leaving NZ
- Supporting a person with dementia

## **Current situation**

Current cases

- Border controls
- Epidemic Notice and Orders
- Health and disability services at Alert Level 1
- COVID-19 modelling reports and background papers
- COVID-19 Elimination Strategy for NZ
- COVID-19 Surveillance plan and testing strategy
- PHU Contact Tracing "Deep Dive": Rapid reports

## **News and media updates**

- 31 July No new cases
- 30 July Update to COVID Tracer app
- <u>30 July 1 new case</u>
- 30 July Media update
- 29 July 2 new cases
- <u>28 July 1 new case</u>

All news and media updates

## **Resources and tools**

- NZ COVID Tracer app
- COVID-19 Health and Wellbeing Survey
- New Zealand Sign Language
- Easy Read
- Learning modules
- Information sheets for the general public
- Posters
- Ministry social media

# Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

## 31 July:

Guidance for primary and secondary care on essential groups for testing fact sheet

### 30 July:

- COVID-19 Health and Wellbeing weekly report results as at 26 July 2020
- Information release: Investigation into COVID-19 active cases privacy breach
- Updated: Epidemic notice and Orders

### 29 July:

• Assessment and testing for COVID-19

#### 24 July:

- Updated: Case definition and testing guidance
- Added: FAQs for community testing
- <u>Updated: Advice for health professionals</u>
- Updated: Primary care quick reference guide
- Added: Response to the Auditor-General report on personal protective equipment

### 22 July:

- Updated: Border controls
- Updated: Self-isolation for close contacts
- Updated: Deaths, funerals and tangihanga

### 21 July:

Surveillance plan and testing strategy

Page last updated: 31 July 2020









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**Information releases** 

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Where to go for help

**Emergencies** 

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

**Poisons** 

Dial 0800 POISON (0800 764 766)

**Mental health crisis** 

**Emergency contact numbers** 

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