

Search



Diseases and

Home > Our work > conditions > COVID-19

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand is currently at **Alert Level 1**. To find out more see [Health and disability services at Alert Level 1](#).

There are 20 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1560 – see our [current cases page](#).

The focus is now on protecting New Zealanders with:

- [robust border controls](#)
- [continued surveillance and testing](#)
- [contact tracing capability](#) and rapid isolation of new cases
- [public support to prevent any further spread, like good hygiene](#) and [keeping records of movement](#).

See our [elimination strategy for Aotearoa New Zealand](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self-isolation for close contacts](#)

Health professionals

- [Advice for all health professionals](#)
- [Allied health professionals](#)
- [Āwhina app](#)
- [Cancer and screening services](#)
- [Case definition and testing guidance](#)
- [Funded temporary accommodation](#)
- [Health sector providers](#)
- [Join the COVID-19 surge workforce](#)
- [Maternity](#)
- [Medical transfer](#)
- [Mental health and addiction](#)
- [PPE use in health care](#)
- [Pharmacy](#)
- [Primary care](#)
- [Recording COVID-19](#)
- [Telehealth and online tools](#)
- [Well Child providers](#)

Information for:

- [Border sector](#)
- [Businesses and services](#)
- [Cleaning services](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Hospice patients](#)
- [Older people](#)
- [Parents](#)
- [Personal protective equipment \(PPE\)](#)
- [Pregnant women](#)
- [Gatherings](#)
- [Travellers entering or leaving NZ](#)
- [Supporting a person with dementia](#)

Current situation

- [Current cases](#)

- [Border controls](#)
- [Epidemic Notice and Orders](#)
- [Health and disability services at Alert Level 1](#)
- [COVID-19 modelling reports and background papers](#)
- [COVID-19 Elimination Strategy for NZ](#)
- [COVID-19 Surveillance plan and testing strategy](#)
- [PHU Contact Tracing "Deep Dive": Rapid reports](#)

News and media updates

- [31 July - No new cases](#)
- [30 July - Update to COVID Tracer app](#)
- [30 July - 1 new case](#)
- [30 July - Media update](#)
- [29 July - 2 new cases](#)
- [28 July - 1 new case](#)

[All news and media updates](#)

Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

31 July:

- [Guidance for primary and secondary care on essential groups for testing fact sheet](#)

30 July:

- [COVID-19 Health and Wellbeing weekly report - results as at 26 July 2020](#)
- [Information release: Investigation into COVID-19 active cases privacy breach](#)
- [Updated: Epidemic notice and Orders](#)

29 July:

- [Assessment and testing for COVID-19](#)

24 July:

- [Updated: Case definition and testing guidance](#)
- [Added: FAQs for community testing](#)
- [Updated: Advice for health professionals](#)
- [Updated: Primary care quick reference guide](#)
- [Added: Response to the Auditor-General report on personal protective equipment](#)

22 July:

- [Updated: Border controls](#)
- [Updated: Self-isolation for close contacts](#)
- [Updated: Deaths, funerals and tangihanga](#)

21 July:

- [Surveillance plan and testing strategy](#)

Page last updated: **31 July 2020**



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Consultations

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Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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