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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand is currently at **Alert Level 1**. To find out more see [Health and disability services at Alert Level 1](#).

There are 22 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1562 – see our [current cases page](#).

The focus is now on protecting New Zealanders with:

- [robust border controls](#)
- [continued surveillance and testing](#)
- [contact tracing capability](#) and rapid isolation of new cases
- [public support to prevent any further spread, like good hygiene](#) and [keeping records of movement](#).

See our [elimination strategy for Aotearoa New Zealand](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
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- [Mental health and wellbeing](#)
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- [Self-isolation for close contacts](#)

Health professionals

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Information for:

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Current situation

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- [COVID-19 Elimination Strategy for NZ](#)
- [COVID-19 Surveillance plan and testing strategy](#)
- [PHU Contact Tracing "Deep Dive": Rapid reports](#)

News and media updates

- [1 August - 2 new cases](#)
- [31 July - No new cases](#)
- [30 July - Update to COVID Tracer app](#)
- [30 July - 1 new case](#)
- [30 July - Media update](#)
- [29 July - 2 new cases](#)

[All news and media updates](#)

Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

31 July:

- [Guidance for primary and secondary care on essential groups for testing fact sheet](#)

30 July:

- [COVID-19 Health and Wellbeing weekly report - results as at 26 July 2020](#)
- [Information release: Investigation into COVID-19 active cases privacy breach](#)
- [Updated: Epidemic notice and Orders](#)

29 July:

- [Assessment and testing for COVID-19](#)

24 July:

- [Updated: Case definition and testing guidance](#)
- [Added: FAQs for community testing](#)
- [Updated: Advice for health professionals](#)
- [Updated: Primary care quick reference guide](#)
- [Added: Response to the Auditor-General report on personal protective equipment](#)

22 July:

- [Updated: Border controls](#)
- [Updated: Self-isolation for close contacts](#)
- [Updated: Deaths, funerals and tangihanga](#)

21 July:

- [Surveillance plan and testing strategy](#)

Page last updated: **01 August 2020**



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Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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