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# **COVID-19 (novel coronavirus)**

This section provides the latest updates, information and advice on COVID-19.

### **Current situation**

New Zealand is currently at Alert Level 1. To find out more see Health and disability services at Alert Level 1.

There are 22 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1567 – see our <u>current cases page</u>.

The focus is now on protecting New Zealanders with:

- robust border controls
- continued surveillance and testing
- contact tracing capability and rapid isolation of new cases
- public support to prevent any further spread, like good hygiene and keeping records of movement.

See our elimination strategy for Aotearoa New Zealand.

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

## **NZ COVID Tracer app**

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

Find out more >



# Health advice for the public

- About COVID-19: Symptoms, spread and where to get help
- · Assessment and testing
- · Caring for yourself and others at home
- Contact tracing
- · Face mask and hygiene advice
- Mental health and wellbeing
- Protecting yourself and others
- Self-isolation for close contacts

# Health professionals

- Advice for all health professionals
- Allied health professionals
- <u>Āwhina app</u>
- Cancer and screening services
- Case definition and testing guidance
- Funded temporary accommodation
- Health sector providers
- Join the COVID-19 surge workforce
- <u>Maternity</u>
- Medical transfer
- Mental health and addiction
- PPE use in health care
- Pharmacy
- Primary care
- Recording COVID-19
- Telehealth and online tools
- Well Child providers

## Information for:

- Border sector
- Businesses and services
- Cleaning services
- Deaths, funerals and tangihanga
- <u>Disabled people</u>
- Hospice patients
- Older people
- <u>Parents</u>
- Personal protective equipment (PPE)
- Pregnant women
- <u>Gatherings</u>
- Travellers entering or leaving NZ
- Supporting a person with dementia

## **Current situation**

Current cases

- Border controls
- Epidemic Notice and Orders
- Health and disability services at Alert Level 1
- COVID-19 modelling reports and background papers
- COVID-19 Elimination Strategy for NZ
- COVID-19 Surveillance plan and testing strategy
- PHU Contact Tracing "Deep Dive": Rapid reports

## News and media updates

- 4 August No new cases
- 4 August Aged Residential Care (ARC) Action Plan
- 4 August Media update
- 3 August 2 new cases
- 2 August 3 new cases
- 1 August 2 new cases

All news and media updates

### Resources and tools

- NZ COVID Tracer app
- COVID-19 Health and Wellbeing Survey
- New Zealand Sign Language
- Easy Read
- Learning modules
- Information sheets for the general public
- Posters
- Ministry social media

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 4 August:

- Updated: Border controls information on International Medical evacuations (Medevac)
- Added: Action plan for the recommendations of the Independent Review of COVID 19 Clusters in Aged Residential Care Facilities

#### 3 August:

• Updated: Testing rates for ethnicity and DHB

### 31 July:

Guidance for primary and secondary care on essential groups for testing fact sheet

#### 30 July:

- COVID-19 Health and Wellbeing weekly report results as at 26 July 2020
- Information release: Investigation into COVID-19 active cases privacy breach
- Updated: Epidemic notice and Orders

### 29 July:

Assessment and testing for COVID-19

Page last updated: 04 August 2020









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Where to go for help

**Emergencies** 

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

**Poisons** 

Dial 0800 POISON (0800 764 766)

Mental health crisis

**Emergency contact numbers** 

New Zealand Government

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