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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand is currently at **Alert Level 1**. To find out more see [Health and disability services at Alert Level 1](#).

There are 23 active cases of COVID-19 in New Zealand. New Zealand's confirmed and probable cases of COVID-19 to date is 1569 – see our [current cases page](#).

The focus is now on protecting New Zealanders with:

- [robust border controls](#)
- [continued surveillance and testing](#)
- [contact tracing capability](#) and rapid isolation of new cases
- [public support to prevent any further spread, like good hygiene](#) and [keeping records of movement](#).

See our [elimination strategy for Aotearoa New Zealand](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
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- [Caring for yourself and others at home](#)
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## Current situation

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- [Health and disability services at Alert Level 1](#)
- [COVID-19 modelling reports and background papers](#)
- [COVID-19 Elimination Strategy for NZ](#)
- [COVID-19 Surveillance plan and testing strategy](#)
- [PHU Contact Tracing "Deep Dive": Rapid reports](#)

## News and media updates

- [8 August - No new cases](#)
- [7 August - No new cases](#)
- [6 August - No new cases](#)
- [6 August - Media update](#)
- [5 August - 2 new cases](#)

[All news and media updates](#)

## Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
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## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 7 August:

- Updated: [Assessment and testing](#)
- Added: [How COVID-19 testing works](#)
- Added: [COVID-19 test results and their accuracy](#)
- Added: [COVID-19: What we know about infection and immunity](#)
- Updated: [Case definition and testing guidance for COVID-19](#)
- Updated: [Cleaning information](#)
- Updated: [Aviation sector](#)

### 6 August:

- Updated: [Use of masks in the community](#)

#### 4 August:

- Updated: [Border controls - information on International Medical evacuations \(Medevac\)](#)
- Added: [Action plan for the recommendations of the Independent Review of COVID 19 Clusters in Aged Residential Care Facilities](#)

#### 3 August:

- Updated: [Testing rates for ethnicity and DHB](#)

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Page last updated: **08 August 2020**



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#### Where to go for help

#### Emergencies

Dial 111 (for ambulance, fire or police)

#### Healthline

Dial 0800 611 116

#### Poisons

Dial 0800 POISON (0800 764 766)

#### Mental health crisis

Emergency contact numbers

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