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# **COVID-19 (novel coronavirus)**

This section provides the latest updates, information and advice on COVID-19.

### **Current situation**

There are 7 new cases of COVID-19 today.

As is our usual protocol we are tracing all close and casual contacts of these cases, and getting them tested for COVID-19. All close contacts will remain in self-isolation for 14 days, and all casual contacts will remain in self isolation until they have returned a negative test.

There are now 56 active cases of COVID-19 in New Zealand. See our current cases page.

#### Alert levels

Until 11.59 pm Wednesday 26 August the Auckland region (Auckland Council area) is at **Alert Level 3** and the rest of New Zealand is at **Alert Level 2**. Find out more on the <u>Unite Against COVID-19 website</u>.

### Where to get a test for COVID-19 in Auckland

If you have symptoms you can:

- get a test at most GPs call ahead to find out if you need a test and follow their advice
- get a test at a <u>Community Testing Centre</u> this list will continue to be updated.

People in other regions can check their <u>local district health board website</u> to find out about testing in their area.

### Regional exemptions at Alert Level 3

The Auckland city "border" is currently closed. Some exemptions will be allowed. For more information, including how to apply, see advice for travellers

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

# Health & Disability Services at:

Alert Level 3
Auckland

Alert Level 2

**Rest of New Zealand** 

## **NZ COVID Tracer app**

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been

Find out more >



# Health advice for the public

- About COVID-19: Symptoms, spread and where to get help
- · Assessment and testing
- Caring for yourself and others at home
- Contact tracing
- Face masks
- Mental health and wellbeing
- Protecting yourself and others
- Self-isolation for close contacts

## Health professionals

- Advice for all health professionals
- Allied health professionals
- <u>Āwhina app</u>
- Cancer and screening services
- Case definition and testing guidance
- Funded temporary accommodation
- Health sector providers
- Join the COVID-19 surge workforce
- <u>Maternity</u>
- Medical transfer
- Mental health and addiction
- PPE use in health care
- Pharmacy
- Primary care
- Recording COVID-19
- Telehealth and online tools
- Well Child providers

## Information for:

- Border sector
- Businesses and services
- Cleaning services
- Deaths, funerals and tangihanga
- Disabled people
- Hospice patients

- Older people
- Parents
- Personal protective equipment (PPE)
- Pregnant women
- Gatherings
- <u>Travellers</u>
- Supporting a person with dementia

### **Current situation**

- Current cases
- Border controls
- Epidemic Notice and Orders
- Health and disability services at Alert Level 2
- Health and disability services at Alert Level 3
- COVID-19 modelling reports and background papers
- COVID-19 Elimination Strategy for NZ
- COVID-19 Surveillance plan and testing strategy
- PHU Contact Tracing "Deep Dive": Rapid reports

# News and media updates

- <u>15 August 7 new cases</u>
- 15 August Media update
- 14 August 13 new cases
- 14 August Media update
- <u>13 August 14 new cases</u>
- 13 August Media update

All news and media updates

### Resources and tools

- NZ COVID Tracer app
- COVID-19 Health and Wellbeing Survey
- New Zealand Sign Language
- Easy Read
- Learning modules
- Information sheets for the general public
- Posters
- Ministry social media

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 15 August:

- Updated: Supporting a person with dementia at home
- Updated: Aged care providers
- Updated: Advice for travellers

### 14 August:

- Updated: <u>Epidemic notice and Orders</u>
- Added: <u>Usage data for the NZ COVID Tracer app</u>
- Updated: Aged care providers
- Updated: Information for pregnant women, and those who have recently given birth
- Added: Occupational health guidance for vulnerable community-based self-employed midwives
- Updated: Recommendations on handling of the whenua/placenta for COVID confirmed or probable women
- Updated: Information for community-based midwives
- Updated: <u>Health and disability services at Alert Level 2</u> and <u>Alert Level 3</u>
- Updated: Guidance on personal protective equipment use in health and disability care settings at Alert Level 2 and 3
- Updated: Frequently asked questions about PPE and COVID-19
- Updated: Assessment and testing for COVID-19
- Added: COVID-19 situation reports: January to May 2020

### 13 August:

- Updated: Guidance for Well Child Tamariki Ora providers at Alert Level 2 and 3
- Updated: Guidance for disability support services at Alert Level 2 and 3
- Updated: Testing guidance for COVID-19

### 12 August:

- Added: Health and disability services at Alert Level 2 and Alert Level 3
- Updated: Cancer and COVID-19
- Updated: <u>Use of masks in the community</u>
- Updated: Aged care providers

### 7 August:

- Updated: Assessment and testing
- Added: <u>How COVID-19 testing works</u>
- Added: COVID-19 test results and their accuracy
- Added: COVID-19: What we know about infection and immunity
- Updated: Case definition and testing guidance for COVID-19
- Updated: Cleaning information
- Updated: Aviation sector

Page last updated: 15 August 2020









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Feedback

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Where to go for help

Emergencies Dial 111 (for ambulance, fire or police) Healthline

Dial 0800 611 116 **Poisons** 

Dial 0800 POISON (0800 764 766)

Mental health crisis **Emergency contact numbers** 

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