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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Case numbers

There are 3 new cases of COVID-19 today, 23 August 2020. There are now 114 active cases of COVID-19 in New Zealand. See our [current cases page](#).

Contact tracing and self isolation

We are tracing all close contacts of these cases, and getting them tested for COVID-19. All close contacts will remain in self-isolation for 14 days. Most casual contacts do not need to self-isolate and only need to be tested if they develop symptoms. [Read more information on self isolation for close and casual contacts](#).

Alert levels

Until 11.59 pm Wednesday 26 August the Auckland region (Auckland Council area) is at **Alert Level 3** and the rest of New Zealand is at **Alert Level 2**. Find out more on the [Unite Against COVID-19 website](#).

Where to get a test for COVID-19 in Auckland

If you have symptoms you can:

- get a test at most GPs – call ahead to find out if you need a test and follow their advice
- get a test at a [Community Testing Centre](#) – this list will continue to be updated.

People in other regions can check their [local district health board website](#) to find out about testing in their area.

Regional exemptions at Alert Level 3

The Auckland city 'border' is currently closed. Some exemptions will be allowed. For more information, including how to apply, [see Advice for travellers](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health & Disability Services at:

[Alert Level 3](#)

Auckland

[Alert Level 2](#)

Rest of New Zealand

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

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- [COVID-19 Surveillance plan and testing strategy](#)
- [PHU Contact Tracing "Deep Dive": Rapid reports](#)

News and media updates

- [23 August - 3 new cases](#)
- [22 August - 6 new cases](#)
- [No COVID-19 media standups on 22 or 23 August](#)
- [21 August - 11 new cases](#)
- [21 August - Media update](#)

[All news and media updates](#)

Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [New Zealand Sign Language](#)
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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

23 August:

- Updated: [COVID-19: Self-isolation](#)
- Updated: [COVID-19: Advice for higher-risk people](#)

21 August:

- Updated: [COVID-19: Epidemic notice and Orders](#)

20 August:

- Added: [Personal Protection for Border Staff factsheet](#)
- Updated: [Guidance for Well Child Tamariki Ora providers at Alert Level 2 and 3](#)

19 August:

- Updated: [Deaths, funerals and tangihanga - guidance at all Alert Levels](#) and specific guidance for [Alert Level 3](#) and [Alert Level 2](#)
- Updated: [Advice for travellers - border movement for health workers and regional exemptions](#)
- Added: [Contact tracing locations of interest](#)
- Updated: [Cancer and screening services](#)

18 August:

- Updated: [Border Orders](#)

17 August:

- Updated: [Mental health and addiction providers](#)
- Updated: [Assessment and testing for COVID-19](#)
- Updated: [Advice for community allied health, scientific and technical providers](#)
- Updated: [Occupational health guidance for vulnerable community-based self-employed midwives](#)

15 August:

- Updated: [Supporting a person with dementia at home](#)
- Updated: [PPE for workers](#)
- Updated: [Aged care providers](#)
- Updated: [Advice for travellers](#)

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