

Search



Diseases and

Home &gt; Our work &gt; conditions &gt; COVID-19

# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

### Case numbers

There are 2 new cases of COVID-19 today, 30 August 2020. There are now 137 active cases of COVID-19 in New Zealand. See our [current cases page](#).

### Contact tracing and self isolation

We are tracing all close contacts of these cases, and getting them tested for COVID-19. All close contacts will remain in self-isolation for 14 days. Most casual contacts do not need to self-isolate and only need to be tested if they develop symptoms. [Read more information on self isolation for close and casual contacts](#).

### Alert levels

Until 11.59 pm Sunday 30 August the Auckland region (Auckland Council area) is at **Alert Level 3**. The rest of New Zealand is at **Alert Level 2**. Find out more on the [Unite Against COVID-19 website](#).

### Where to get a test for COVID-19 in Auckland

If you develop symptoms consistent with COVID-19, have a test.

You can:

- get a test at most GPs – call ahead to find out if you need a test and follow their advice
- get a test at a [Community Testing Centre](#) – this list will continue to be updated.

People in other regions can check their [local district health board website](#) to find out about testing in their area.

### Regional exemptions at Alert Level 3

The Auckland city 'border' is currently closed. Some exemptions will be allowed. For more information, including how to apply, [see Advice for travellers](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health & Disability Services at:

### [Alert Level 3](#)

Auckland

### [Alert Level 2](#)

Rest of New Zealand

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.





## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)
- [Masks and face coverings](#)
- [Managing your bubble](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self-isolation for close contacts](#)

## Health professionals

- [Advice for all health professionals](#)
- [Allied health professionals](#)
- [Āwhina app](#)
- [Cancer and screening services](#)
- [Case definition and testing guidance](#)
- [Funded temporary accommodation](#)
- [Health sector providers](#)
- [Join the COVID-19 surge workforce](#)
- [Maternity](#)
- [Medical transfer](#)
- [Mental health and addiction](#)
- [PPE use in health care](#)
- [Pharmacy](#)
- [Primary care](#)
- [Recording COVID-19](#)
- [Telehealth and online tools](#)
- [Well Child providers](#)

## Information for:

- [Border sector](#)
- [Businesses and services](#)

- [Cleaning services](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Hospice patients](#)
- [Older people](#)
- [Parents](#)
- [Personal protective equipment \(PPE\)](#)
- [Pregnant women](#)
- [Gatherings](#)
- [Travellers](#)
- [Supporting a person with dementia](#)

## Current situation

- [Current cases](#)
- [Border controls](#)
- [Epidemic Notice and Orders](#)
- [Health and disability services at Alert Level 2](#)
- [Health and disability services at Alert Level 3](#)
- [COVID-19 Elimination Strategy for NZ](#)
- [COVID-19 Surveillance plan and testing strategy](#)
- [COVID-19 Vaccine strategy](#)

## News and media updates

- [30 August - Media update](#)
- [29 August - 13 new cases](#)
- [28 August - 12 new cases](#)
- [28 August - Media update](#)

[All news and media updates](#)

## Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [Large print and audio](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)

- [Posters](#)
- [Ministry social media](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 28 August:

- Updated: [Use of masks and face coverings in the community](#)
- Added: [Vaccine strategy](#)
- Updated: [Testing guidance for COVID-19](#)
- Updated: [Aged care providers](#)
- Updated: [Contact tracing locations of interest](#)

### 27 August:

- Updated: [Hospice providers](#)
- Added: [Final Contact Tracing Assurance Committee report](#)
- Updated: [Exemptions Granted under the COVID-19 Public Health Response \(Alert Levels 3 and 2\) Order 2020](#)
- Updated: [NZ COVID Tracer QR codes](#)
- Updated: [Information on the restrictions to Aged Residential Care facilities outside of Auckland at Alert Level 2](#)
- Updated: [Primary care quick reference guide](#)

### 26 August:

- Updated: [Information for disabled people and their family and whānau](#)
- Updated: [Managing your bubble](#)
- Updated: [Case definition and testing guidance](#)
- Updated: [Maritime sector - exemption for vessels to enter New Zealand](#)

### 25 August:

- Added: New information in [Easy Read](#), [New Zealand Sign Language](#) and [Large print and audio](#) formats.
- Updated: [COVID-19: Epidemic notice and Orders](#)
- Added: [Receiving a positive COVID-19 test result](#)

### 24 August:

- Updated: [Use of masks in the community](#)

Page last updated: **30 August 2020**



Share



Print



Email



Feedback

[About this site](#)

[Contact us](#)

[Other Ministry of Health websites](#)

[Official Information Act requests](#)

[Information releases](#)

[Consultations](#)

## Where to go for help

### Emergencies

Dial 111 (for ambulance, fire or police)

### Healthline

Dial 0800 611 116

### Poisons

Dial 0800 POISON (0800 764 766)

### Mental health crisis

Emergency contact numbers

---

[New Zealand Government](#)

© Ministry of Health – Manatū  
Hauora |

[Site map](#) | [Privacy &  
security](#) |

[Copyright](#)