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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

### Case numbers

There are 2 new cases of COVID-19 today, 30 August 2020. There are now 137 active cases of COVID-19 in New Zealand. See our [current cases page](#).

### Contact tracing and self isolation

We are tracing all close contacts of these cases, and getting them tested for COVID-19. All close contacts will remain in self-isolation for 14 days. Most casual contacts do not need to self-isolate and only need to be tested if they develop symptoms. [Read more information on self isolation for close and casual contacts](#).

### Alert levels

Until 11.59 pm Sunday 30 August the Auckland region (Auckland Council area) is at **Alert Level 3**. The rest of New Zealand is at **Alert Level 2**. Find out more on the [Unite Against COVID-19 website](#).

### Where to get a test for COVID-19 in Auckland

If you develop symptoms consistent with COVID-19, have a test.

You can:

- get a test at most GPs – call ahead to find out if you need a test and follow their advice
- get a test at a [Community Testing Centre](#) – this list will continue to be updated.

People in other regions can check their [local district health board website](#) to find out about testing in their area.

### Regional exemptions at Alert Level 3

The Auckland city 'border' is currently closed. Some exemptions will be allowed. For more information, including how to apply, [see Advice for travellers](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health & Disability Services at:

### [Alert Level 3](#)

Auckland

### [Alert Level 2](#)

Rest of New Zealand

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.





## Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
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## Current situation

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- [COVID-19 Elimination Strategy for NZ](#)
- [COVID-19 Surveillance plan and testing strategy](#)
- [COVID-19 Vaccine strategy](#)

## News and media updates

- [30 August - 2 new cases](#)
- [30 August - Media update](#)
- [29 August - 13 new cases](#)
- [28 August - 12 new cases](#)
- [28 August - Media update](#)

[All news and media updates](#)

## Resources and tools

- [NZ COVID Tracer app](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [Large print and audio](#)
- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)

- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 28 August:

- Updated: [Use of masks and face coverings in the community](#)
- Added: [Vaccine strategy](#)
- Updated: [Testing guidance for COVID-19](#)
- Updated: [Aged care providers](#)
- Updated: [Contact tracing locations of interest](#)

### 27 August:

- Updated: [Hospice providers](#)
- Added: [Final Contact Tracing Assurance Committee report](#)
- Updated: [Exemptions Granted under the COVID-19 Public Health Response \(Alert Levels 3 and 2\) Order 2020](#)
- Updated: [NZ COVID Tracer QR codes](#)
- Updated: [Information on the restrictions to Aged Residential Care facilities outside of Auckland at Alert Level 2](#)
- Updated: [Primary care quick reference guide](#)

### 26 August:

- Updated: [Information for disabled people and their family and whānau](#)
- Updated: [Managing your bubble](#)
- Updated: [Case definition and testing guidance](#)
- Updated: [Maritime sector - exemption for vessels to enter New Zealand](#)

### 25 August:

- Added: New information in [Easy Read](#), [New Zealand Sign Language](#) and [Large print and audio](#) formats.
- Updated: [COVID-19: Epidemic notice and Orders](#)
- Added: [Receiving a positive COVID-19 test result](#)

### 24 August:

- Updated: [Use of masks in the community](#)

Page last updated: **30 August 2020**



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## Consultations

### Where to go for help

#### Emergencies

Dial 111 (for ambulance, fire or police)

#### Healthline

Dial 0800 611 116

#### Poisons

Dial 0800 POISON (0800 764 766)

#### Mental health crisis

Emergency contact numbers

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