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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Case numbers

There is 1 new case of COVID-19 today, 30 September 2020. There are now 44 active cases of COVID-19 in New Zealand. See our [Current cases page](#).

Alert Levels

Auckland is at Alert Level 2. The rest of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#). The Government will review the Alert Level for Auckland on Monday 5 October.

In Auckland at Alert Level 2, wearing masks remains mandatory on domestic flights to, from or through Auckland, and on public transport such as trains, buses and ferries. Gatherings may include up to 100 people.

For the rest of New Zealand at Alert Level 1, wearing masks on domestic flights to, from or through Auckland is mandatory. While it is not mandatory to wear a mask on public transport, it is encouraged.

All of New Zealand should continue to do the following:

- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health & Disability Services at:

[Alert Level 2](#)

Auckland

[Alert Level 1](#)

Rest of New Zealand

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

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Health professionals

Mā te kaimahi hauora

- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

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Specific audiences

Mā te rōpū whāiti

- [Border sector](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

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Current situation

Kei te aha ināianeī?

- [Alert Levels](#)
- [Border controls](#)
- [Current cases and Significant clusters](#)
- [Epidemic Notice and Orders](#)
- [Strategies - Elimination, Surveillance and testing, Vaccine](#)

> [See full list](#)

News and media updates

He kawepūrongo

- [30 September - 1 new case](#)
- [29 September - 2 new cases](#)
- [28 September - No new cases](#)
- [27 September - 2 new cases](#)
- [26 September - 1 new case and 1 historical case](#)

> [All news and media updates](#)

Resources and tools

He rauemi

- [Accessible information](#)
- [Community information packs](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [Information sheets for the public](#)
- [NZ COVID Tracer app](#)
- [Translations](#)

> [See full list](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

30 September:

- Added: [Information for radiologists on community-based maternity ultrasounds at different Alert Levels](#)

28 September:

- Updated: [Testing rates for ethnicity and DHB](#)

24 September:

- Updated: [Contact tracing locations of interest](#)
- Updated: [Guidelines for businesses and services](#)
- Updated: [PPE: Guide to glove and mask use in health care settings](#)

23 September:

- Updated: [Pharmacies](#)
- Updated: [Gatherings](#)
- Updated: [Deaths, funerals and tangihanga](#)

22 September:

- Updated: [Case definition and testing guidance for COVID-19](#)

Page last updated: **30 September 2020**



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Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers
