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Diseases and

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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Case numbers

There are 3 new cases of COVID-19 today, 7 October 2020. There are now 37 active cases of COVID-19 in New Zealand. See our [Current cases page](#).

Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

While it is not mandatory to wear a mask on public transport during Alert Level 1, it is encouraged.

All of New Zealand should continue to do the following:

- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health & Disability Services at:

Alert Level 1

All of New Zealand

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

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Health professionals

Mā te kaimahi hauora

- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

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Specific audiences

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- [Border sector](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

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Current situation

Kei te aha ināianeī?

- [Alert Levels](#)
- [Border controls](#)
- [Current cases and Significant clusters](#)
- [Epidemic Notice and Orders](#)
- [Strategies - Elimination, Surveillance and testing, Vaccine](#)

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News and media updates

He kawepūrongo

- [8 October - Media update](#)
- [7 October - 3 new cases](#)
- [6 October - 3 new cases](#)
- [5 October - 1 new case](#)
- [4 October - 5 new cases](#)

> [All news and media updates](#)

Resources and tools

He rauemi

- [Accessible information](#)
- [Community information packs](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [Information sheets for the public](#)
- [NZ COVID Tracer app](#)
- [Translations](#)

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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

8 October:

- Updated: [Screening form for a person to enter an aged residential care facility](#)

7 October:

- Updated: [Testing rates for ethnicity and DHB](#)

5 October:

- Updated: [Alert Level 2 guidance for aged residential care facilities](#)
- Updated: [Guidance for managing staff and residents with COVID-19 infection in aged residential care facilities](#)
- [COVID-19 Public Health Response \(Election and Referendums\) Order 2020](#)

2 October:

- Added: [Guidance for small craft and yacht arrivals in New Zealand](#)

1 October:

- Added: [Information for family, whānau, and āiga carers](#)
- Updated: [Advice for travellers](#)

30 September:

- Added: [Information for radiologists on community-based maternity ultrasounds at different Alert Levels](#)

Page last updated: **08 October 2020**



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Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

