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Diseases and

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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Case numbers

There are 3 new cases of COVID-19 today, 8 October 2020. There are now 39 active cases of COVID-19 in New Zealand. See our [Current cases page](#).

Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

While it is not mandatory to wear a mask on public transport during Alert Level 1, it is encouraged.

All of New Zealand should continue to do the following:

- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health & Disability Services at:

Alert Level 1

All of New Zealand

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



Health advice for the public

He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

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Health professionals

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- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

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Specific audiences

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- [Deaths, funerals and tangihanga](#)
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Current situation

Kei te aha ināianeī?

- [Alert Levels](#)
- [Border controls](#)
- [Current cases and Significant clusters](#)
- [Epidemic Notice and Orders](#)
- [Strategies - Elimination, Surveillance and testing, Vaccine](#)

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News and media updates

He kawepūrongo

- [8 October - 3 new cases](#)
- [8 October - Media update](#)
- [7 October - 3 new cases](#)
- [6 October - 3 new cases](#)

> [All news and media updates](#)

Resources and tools

He rauemi

- [Accessible information](#)
- [Community information packs](#)
- [COVID-19 Health and Wellbeing Survey](#)
- [Information sheets for the public](#)
- [NZ COVID Tracer app](#)
- [Translations](#)

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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

8 October:

- Added: [COVID-19 in Health Care and Support Workers in Aotearoa New Zealand](#)
- Updated: [COVID Tracer App usage data](#)
- Updated: [Screening form for a person to enter an aged residential care facility](#)

7 October:

- Updated: [Testing rates for ethnicity and DHB](#)

5 October:

- Updated: [Alert Level 2 guidance for aged residential care facilities](#)
- Updated: [Guidance for managing staff and residents with COVID-19 infection in aged residential care facilities](#)
- [COVID-19 Public Health Response \(Election and Referendums\) Order 2020](#)

2 October:

- Added: [Guidance for small craft and yacht arrivals in New Zealand](#)

Page last updated: **08 October 2020**



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Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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