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# **COVID-19 (novel coronavirus)**

This section provides the latest updates, information and advice on COVID-19.

### **Current situation**

#### Case numbers

There are 2 new cases of COVID-19 today, 1 November 2020. There are now 77 active cases of COVID-19 in New Zealand. See our <u>Current cases page</u> and the latest <u>News and media updates</u>.

#### **Alert Levels**

All of New Zealand is at Alert Level 1. Find out more on the Unite Against COVID-19 website.

While it is not mandatory to wear a mask on public transport during Alert Level 1, it is encouraged.

#### All of New Zealand should continue to do the following:

- sign into places, using the NZ COVID Tracer app or keep a record
- maintain good hygiene practices
- stay home if you're unwell and get a test.

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

## Health & Disability Services at:

Alert Level 1

All of New Zealand

### **NZ COVID Tracer app**

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

Find out more >



## Health advice for the public

He kupu āwhina mā te marea

- About COVID-19 symptoms and spread
- Assessment and testing
- Contact tracing
- Masks and face coverings
- Mental health and wellbeing
- Protecting yourself and others
- Self isolation
- > See full list

## Health professionals

Mā te kaimahi hauora

- Advice for all health professionals
- Aged care providers
- Allied health
- Case definition and testing guidance
- Primary care
- PPE use in health care
- > See full list

## Specific audiences

Mā te rōpū whāiti

- Border sector
- Deaths, funerals and tangihanga
- <u>Disabled people</u>
- <u>Gatherings</u>
- Higher risk people
- Pregnant women
- <u>Travellers</u>
- > See full list

### Data & statistics

Raraunga me ngā tatauranga

- Current cases
- Case details
- Significant clusters
- Testing data
- NZ COVID Tracer app data
- Contact tracing locations of interest

## Response planning

Maere ārai mate

- Border controls
- Epidemic Notice and Orders
- Elimination strategy
- Essential services
- Surveillance plan and Testing strategy
- <u>Vaccine strategy</u>

### Resources & tools

He rauemi

- Accessible information
- Community information packs
- Information sheets for the public
- NZ COVID Tracer app
- Translations
- > See full list

## News and media updates

- 1 November 2 new cases of COVID-19 in managed isolation; no new community cases
- 31 October 7 new cases of COVID-19 in managed isolation; no new community cases
- 30 October 1 new case of COVID-19 in managed isolation; no new community cases
- 29 October 6 new cases
- 28 October 2 new imported cases of COVID-19; no new community cases
- > All news and media updates

### Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

#### 29 October:

- Updated: Maternity, Information for pregnant women, and those who have recently given birth and Advice for higher risk people
- Updated: <u>Authorisation of members of the Armed Forces (at the Maritime Border)</u>

#### 27 October:

Added: <u>Air crew exemptions — now includes non-operating air crew returning to New Zealand on a flight after performing in-flight duties</u>

#### 12 October:

• Updated: Assessment and testing for COVID-19

Page last updated: 01 November 2020









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Where to go for help

**Emergencies** 

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

**Emergency contact numbers** 

New Zealand Government

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