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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

Anyone who has cold or flu symptoms should get a test and stay home until you have a negative test result.

### Case numbers

There are 3 new cases of COVID-19 as of 9 am 14 November 2020. There are now 55 active cases of COVID-19 in New Zealand. See our [Current cases page](#) and the latest [News and media updates](#).

### Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

While it is not mandatory to wear a mask on public transport during Alert Level 1, it is encouraged.

### All of New Zealand should continue to do the following:

- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health & Disability Services at:

### [Alert Level 1](#)

All of New Zealand

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more >](#)



## Health advice for the public

*He kupu āwhina mā te marea*

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing locations of interest](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

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## Health professionals

*Mā te kaimahi hauora*

- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

> [See full list](#)

## Specific audiences

*Mā te rōpū whāiti*

- [Border sector](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

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## Data & statistics

## Raraunga me ngā tatauranga

- [Current cases](#)
- [Case demographics](#)
- [Source of cases](#)
- [Testing for COVID-19](#)
- [NZ COVID Tracer app data](#)
- [Data resources](#)

## Response planning

*Maere ārai mate*

- [Border controls](#)
- [Epidemic Notice and Orders](#)
- [Elimination strategy](#)
- [Essential services](#)
- [Surveillance plan and Testing strategy](#)
- [Vaccine strategy](#)

## Resources & tools

*He rauemi*

- [Accessible information](#)
  - [Community information packs](#)
  - [Information sheets for the public](#)
  - [NZ COVID Tracer app](#)
  - [Translations](#)
- › [See full list](#)

## News and media updates

- [14 November - 3 new cases of COVID-19 in managed isolation](#)
- [13 November - 4 cases of COVID-19 – none in the community](#)
- [12 November - Auckland community case update](#)
- [12 November - COVID-19 media update - 5pm](#)
- [12 November - 3 new cases of COVID-19](#)
- [12 November - COVID-19 media update - 1pm](#)

- [11 November - 1 new case of COVID-19 in managed isolation](#)
- > [All news and media updates](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

### 14 November:

- Updated: [Case definition and testing guidance for COVID-19](#)
- Updated: [COVID-19: Primary care](#)

### 13 November:

- Updated: [Contact tracing locations of interest](#)

### 12 November:

- Updated: [Contact tracing locations of interest](#)

### 11 November:

- Updated: [Authorisation of WorkSafe inspectors and COVID-19 Enforcement Officers](#)

### 9 November:

- Updated: [Integrating NZ COVID Tracer with other contact tracing apps](#)

Page last updated: **14 November 2020**



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[Dial 111 \(for ambulance, fire or police\)](#)

Healthline  
Dial 0800 611 116

Poisons  
Dial 0800 POISON (0800 764 766)

Mental health crisis  
Emergency contact numbers

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[New Zealand Government](#)

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