

Search



[Diseases and conditions](#) > [COVID-19](#)

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Anyone who has cold or flu symptoms should get a test and stay home until you have a negative test result.

Case numbers

There are 5 new cases of COVID-19 as of 9 am 21 December 2020. There are now 59 active cases of COVID-19 in New Zealand. See our [Current cases page](#) and the latest [News and media updates](#).

Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

Make summer unstoppable

Look after yourself and your whānau this summer:

- wear a [mask or face covering](#) when using transport services in, into and out of Auckland and on passenger flights throughout New Zealand
- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#)
- travel with a 'COVID-19 kit' – soap, hand sanitiser and a face covering.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

COVID-19 vaccines

We're getting prepared so we can access safe and effective vaccines at the earliest possible time.

[Find out more](#)

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more](#)



Health advice for the public

He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Contact tracing locations of interest](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

> [See full list](#)

Health professionals

Mā te kaimahi hauora

- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

> [See full list](#)

Specific audiences

Mā te rōpū whāiti

- [Border sector](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

> [See full list](#)

Data & statistics

Raraunga me ngā taturanga

- [Current cases](#)
- [Case demographics](#)
- [Source of cases](#)
- [Testing for COVID-19](#)
- [NZ COVID Tracer app data](#)
- [Data resources](#)

Response planning

Maere ārai mate

- [Border controls](#)
- [Epidemic Notice and Orders](#)
- [Elimination strategy](#)
- [Essential services](#)
- [Surveillance plan and Testing strategy](#)
- [Vaccine planning](#)

Resources & tools

He rauemi

- [Accessible information](#)
- [Community information packs](#)
- [Information sheets for the public](#)
- [NZ COVID Tracer app](#)
- [Translations](#)

› [See full list](#)

News and media updates

- [21 December - 5 new cases of COVID-19 in managed isolation](#)

- [20 December - 6 new cases of COVID-19 in managed isolation in two days](#)
- [18 December - 10 new cases of COVID-19 in managed isolation](#)
- [16 December - 4 new cases of COVID-19 in managed isolation](#)
- [14 December - No new cases of COVID-19](#)

> [All news and media updates](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

21 December:

- Revised: [Kia Kaha, Kia Maia, Kia Ora Aotearoa: COVID-19 Psychosocial and Mental Wellbeing Plan](#)
- Updated: [COVID-19: Maritime sector](#)
- Updated: [COVID-19: Aviation sector](#)

18 December:

- Updated: [Contact tracing for COVID-19](#)

17 December:

- Updated: [COVID-19 vaccine planning](#)

15 December:

- Updated: [Testing strategy for 7 December 2020 to 27 January 2021](#)
- Updated: [Testing guidance for COVID-19](#)
- Updated: [Primary care quick reference guide](#)

Page last updated: **22 December 2020**



Share



Print



Email



Feedback

About this site

Contact us

Other Ministry of Health websites

Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

© Ministry of Health – Manatū
Hauora |

[Site map](#) | [Privacy &
security](#) |

[Copyright](#)