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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

Anyone who has cold or flu symptoms should get a test and stay home until you have a negative test result.

### Case numbers

There are 5 new cases of COVID-19 as of 9 am 21 December 2020. There are now 59 active cases of COVID-19 in New Zealand. See our [Current cases page](#) and the latest [News and media updates](#).

### Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

### Make summer unstoppable

Look after yourself and your whānau this summer:

- wear a [mask or face covering](#) when using transport services in, into and out of Auckland and on passenger flights throughout New Zealand
- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#)
- travel with a 'COVID-19 kit' – soap, hand sanitiser and a face covering.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## COVID-19 vaccines

We're getting prepared so we can access safe and effective vaccines at the earliest possible time.

[Find out more](#)

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more](#)



## Health advice for the public

*He kupu āwhina mā te marea*

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Contact tracing locations of interest](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

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## Health professionals

*Mā te kaimahi hauora*

- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

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## Specific audiences

*Mā te rōpū whāiti*

- [Border sector](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

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## Data & statistics

### *Raraunga me ngā taturanga*

- [Current cases](#)
- [Case demographics](#)
- [Source of cases](#)
- [Testing for COVID-19](#)
- [NZ COVID Tracer app data](#)
- [Data resources](#)

## Response planning

### *Maere ārai mate*

- [Border controls](#)
- [Epidemic Notice and Orders](#)
- [Elimination strategy](#)
- [Essential services](#)
- [Surveillance plan and Testing strategy](#)
- [Vaccine planning](#)

## Resources & tools

### *He rauemi*

- [Accessible information](#)
- [Community information packs](#)
- [Information sheets for the public](#)
- [NZ COVID Tracer app](#)
- [Translations](#)

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## News and media updates

- [22 December - Quality assurance action on facemasks](#)

- [21 December - 5 new cases of COVID-19 in managed isolation](#)
- [20 December - 6 new cases of COVID-19 in managed isolation in two days](#)
- [18 December - 10 new cases of COVID-19 in managed isolation](#)
- [16 December - 4 new cases of COVID-19 in managed isolation](#)
- [14 December - No new cases of COVID-19](#)

> [All news and media updates](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

### 22 December:

- Updated: [Case definition and testing guidance](#)

### 21 December:

- Revised: [Kia Kaha, Kia Maia, Kia Ora Aotearoa: COVID-19 Psychosocial and Mental Wellbeing Plan](#)
- Updated: [COVID-19: Maritime sector](#)
- Updated: [COVID-19: Aviation sector](#)

### 18 December:

- Updated: [Contact tracing for COVID-19](#)

### 17 December:

- Updated: [COVID-19 vaccine planning](#)

### 15 December:

- Updated: [Testing strategy for 7 December 2020 to 27 January 2021](#)
- Updated: [Testing guidance for COVID-19](#)
- Updated: [Primary care quick reference guide](#)

Page last updated: **22 December 2020**



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**Where to go for help**

## Emergencies

Dial 111 (for ambulance, fire or police)

## Healthline

Dial 0800 611 116

## Poisons

Dial 0800 POISON (0800 764 766)

## Mental health crisis

Emergency contact numbers

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