

Search



Home > [Diseases and conditions](#) > COVID-19

# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

Anyone who has cold or flu symptoms should get a test and stay home until you have a negative test result.

### Case numbers

As at 9 am 7 January 2021 there are 62 active cases of COVID-19 in New Zealand. See our [Current cases page](#) and the latest [News and media updates](#).

### Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

### Make summer unstoppable

Look after yourself and your whānau this summer:

- wear a [mask or face covering](#) when using transport services in, into and out of Auckland and on passenger flights throughout New Zealand
- sign into places, using the [NZ COVID Tracer app](#) or keep a record
- maintain [good hygiene practices](#)
- [stay home if you're unwell](#) and [get a test](#)
- travel with a 'COVID-19 kit' – soap, hand sanitiser and a face covering.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## COVID-19 vaccines

We're getting prepared so we can access safe and effective vaccines at the earliest possible time.

[Find out more](#)

## NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more](#)



## He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
  - [Assessment and testing](#)
  - [Contact tracing](#)
  - [Contact tracing locations of interest](#)
  - [Masks and face coverings](#)
  - [Mental health and wellbeing](#)
  - [Protecting yourself and others](#)
  - [Self isolation](#)
- > [See full list](#)

## Health professionals

### *Mā te kaimahi hauora*

- [Advice for all health professionals](#)
  - [Aged care providers](#)
  - [Allied health](#)
  - [Case definition and testing guidance](#)
  - [Primary care](#)
  - [PPE use in health care](#)
- > [See full list](#)

## Specific audiences

### *Mā te rōpū whāiti*

- [Border sector](#)
  - [Deaths, funerals and tangihanga](#)
  - [Disabled people](#)
  - [Gatherings](#)
  - [Higher risk people](#)
  - [Pregnant women](#)
  - [Travellers](#)
- > [See full list](#)

## Data & statistics

### *Raraunga me ngā taturanga*

- [Current cases](#)
- [Case demographics](#)
- [Source of cases](#)
- [Testing for COVID-19](#)
- [NZ COVID Tracer app data](#)
- [Data resources](#)

## Response planning

### *Maere ārai mate*

- [Border controls](#)
- [Epidemic Notice and Orders](#)
- [Elimination strategy](#)
- [Essential services](#)
- [Surveillance plan and Testing strategy](#)
- [Vaccine planning](#)

## Resources & tools

### *He rauemi*

- [Accessible information](#)
- [Community information packs](#)
- [Information sheets for the public](#)
- [NZ COVID Tracer app](#)
- [Translations](#)

> [See full list](#)

## News and media updates

- [7 January 2021: 4 new cases in 2 days of COVID-19 in managed isolation](#)
- [5 January 2021: 6 new cases in 2 days of COVID-19 in managed isolation](#)
- [3 January 2021: 19 new cases in 3 days of COVID-19 in managed isolation](#)

- [3 January 2021 - COVID-19 1 pm media update](#)
- [31 December - 11 cases of COVID-19 at border in two days](#)
- [29 December - 7 cases of COVID-19 at border in two days](#)

> [All news and media updates](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

### 6 January

- Updated: [COVID-19: Information for travellers from the UK and USA](#)

### 30 December

- Updated: [Protecting yourself at the border](#)

### 24 December

- Updated: [COVID-19: Aviation sector](#)

### 23 December:

- Updated: [COVID-19: Maritime sector](#)

### 22 December:

- Updated: [Case definition and testing guidance](#)

### 21 December:

- Revised: [Kia Kaha, Kia Maia, Kia Ora Aotearoa: COVID-19 Psychosocial and Mental Wellbeing Plan](#)
- Updated: [COVID-19: Maritime sector](#)
- Updated: [COVID-19: Aviation sector](#)

### 18 December:

- Updated: [Contact tracing for COVID-19](#)

### 17 December:

- Updated: [COVID-19 vaccine planning](#)

### 15 December:

- Updated: [Testing strategy for 7 December 2020 to 27 January 2021](#)
- Updated: [Testing guidance for COVID-19](#)
- Updated: [Primary care quick reference guide](#)

Page last updated: **07 January 2021**



Share



Print



Email



Feedback

**About this site**

**Contact us**

**Other Ministry of Health websites**

**Official Information Act requests**

**Information releases**

**Consultations**

**Where to go for help**

**Emergencies**

**Dial 111 (for ambulance, fire or police)**

**Healthline**

**Dial 0800 611 116**

**Poisons**

**Dial 0800 POISON (0800 764 766)**

**Mental health crisis**

**Emergency contact numbers**

---

[New Zealand Government](#)

© Ministry of Health – Manatū  
Hauora |

[Site map](#) | [Privacy &  
security](#) |

[Copyright](#)