

Search



[Diseases and conditions](#) > [COVID-19](#)

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Anyone who has cold or flu symptoms should get a test and stay home until you have a negative test result.

- **Testing in your region:** You can find out where your local testing facility is and what the opening hours are through [Healthpoint](#).
- **Locations of interest:** Read more about [contact tracing locations of interest](#) and what actions casual contacts need to take.

Case numbers

As at 9 am 24 January 2021 there are 79 active cases of COVID-19 in New Zealand. See our [Current cases page](#) and the latest [News and media updates](#).

Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

Pre-departure testing requirements

See the latest current information on [pre-departure testing requirements for all passengers](#) from the United Kingdom and United States landing in New Zealand after 11.59pm (NZT) on 15 January 2021.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

COVID-19 vaccines

We're getting prepared so we can access safe and effective vaccines at the earliest possible time.

[Find out more](#)

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more](#)



Health advice for the public

He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Contact tracing locations of interest](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

> [See full list](#)

Health professionals

Mā te kaimahi hauora

- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

> [See full list](#)

Specific audiences

Mā te rōpū whāiti

- [Border sector](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

> [See full list](#)

Data & statistics

Raraunga me ngā tatauranga

- [Current cases](#)
- [Case demographics](#)
- [Source of cases](#)
- [Testing for COVID-19](#)
- [NZ COVID Tracer app data](#)
- [Data resources](#)

Response planning

Maere ārai mate

- [Border controls](#)
- [Vaccine planning](#)
- [Epidemic Notice and Orders](#)
- [Elimination strategy](#)
- [Essential services](#)
- [Surveillance plan and Testing strategy](#)

Resources & tools

He rauemi

- [NZ COVID Tracer app](#)
 - [Accessible information](#)
 - [Community information packs](#)
 - [Information sheets for the public](#)
 - [Translations](#)
- > [See full list](#)

News and media updates

- [24 January 2021: Probable case of COVID-19 in a returnee](#)
- [24 January 2021: COVID-19 media update](#)
- [24 January 2021: 8 cases of COVID-19 in 2 days in managed isolation](#)
- [22 January 2021: 9 COVID-19 cases in 2 days in managed isolation](#)
- [21 January 2021: Update on UK and SA variants in managed isolation](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

24 January

- [Contact tracing locations of interest](#)

22 January

- Added: [Travel within New Zealand](#)

20 January

- Updated: [Advice for travellers](#)

12 January

- Updated: [Advice for travellers](#)

8 January

- Updated: [COVID-19: Information for travellers from the UK and USA](#)

Page last updated: **24 January 2021**



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Other Ministry of Health websites

Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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