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Diseases and

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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

Anyone who has cold or flu symptoms should get a test and stay home until you have a negative test result.

Locations of interest

- Auckland border-related cases: [contact tracing locations of interest](#)
- Northland community case: [contact tracing locations of interest](#)

Find testing services throughout New Zealand

Find your local testing facility and opening hours on the [Healthpoint website](#).

Case numbers

As at 9 am 29 January 2021 there are 72 active cases of COVID-19 in New Zealand. See our [Current cases page](#) and the latest [News and media updates](#).

Alert Levels

All of New Zealand is at Alert Level 1. Find out more on the [Unite Against COVID-19 website](#).

Pre-departure testing requirements

See the latest information on [pre-departure testing requirements](#), which now apply to passengers arriving in New Zealand from all countries, with the exception of Australia, Antarctica and some Pacific Island nations.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

COVID-19 vaccines

We're getting prepared so we can access safe and effective vaccines at the earliest possible time.

[Find out more](#)

NZ COVID Tracer app

The official Ministry of Health contact tracing app helps you keep a digital diary of the places you've been.

[Find out more](#)



Health advice for the public

He kupu āwhina mā te marea

- [About COVID-19 – symptoms and spread](#)
- [Assessment and testing](#)
- [Contact tracing](#)
- [Contact tracing locations of interest](#)
- [Masks and face coverings](#)
- [Mental health and wellbeing](#)
- [Protecting yourself and others](#)
- [Self isolation](#)

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Health professionals

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- [Advice for all health professionals](#)
- [Aged care providers](#)
- [Allied health](#)
- [Case definition and testing guidance](#)
- [Primary care](#)
- [PPE use in health care](#)

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Specific audiences

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- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Gatherings](#)
- [Higher risk people](#)
- [Pregnant women](#)
- [Travellers](#)

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Data & statistics

Raraunga me ngā taturanga

- [Current cases](#)
- [Case demographics](#)
- [Source of cases](#)
- [Testing for COVID-19](#)
- [NZ COVID Tracer app data](#)
- [Data resources](#)

Response planning

Maere ārai mate

- [Border controls](#)
- [Vaccine planning](#)
- [Epidemic Notice and Orders](#)
- [Elimination strategy](#)
- [Essential services](#)
- [Surveillance strategy](#)
- [Testing plan and guidance](#)

Resources & tools

He rauemi

- [NZ COVID Tracer app](#)
 - [Accessible information](#)
 - [Community information packs](#)
 - [Information sheets for the public](#)
 - [Translations](#)
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News and media updates

- [29 January: 6 new cases of COVID-19 in managed isolation and an update on border-related cases](#)
- [29 January: COVID-19 media update](#)

- [28 January: 3 new cases of COVID-19 at the border and an update on border-related cases in Auckland](#)
- [28 January: COVID-19 media update](#)
- [27 January: 2 border-related COVID-19 cases confirmed](#)
- [27 January: Two further returnees under investigation](#)
- [27 January: 4 new cases of COVID-19 in managed isolation; 1 historical case](#)
- [27 January: COVID-19 media update](#)

> [All COVID-19 news and media updates](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website.

28 January

- [Case definition and testing guidelines for COVID-19](#)
- [Contact tracing locations of interest](#)

27 January

- [Contact tracing locations of interest](#)
- [Testing guidance for the health sector](#)

26 January

- [Contact tracing locations of interest](#)
- [Surveillance strategy](#)
- [Testing plan](#)

25 January

- Updated: [How COVID-19 testing works](#)

24 January

- [Contact tracing locations of interest](#)

22 January

- Added: [Travel within New Zealand](#)

Page last updated: **29 January 2021**



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[Healthline](#)

Dial 0800 611 116

[Poisons](#)

Dial 0800 POISON (0800 764 766)

[Mental health crisis](#)

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