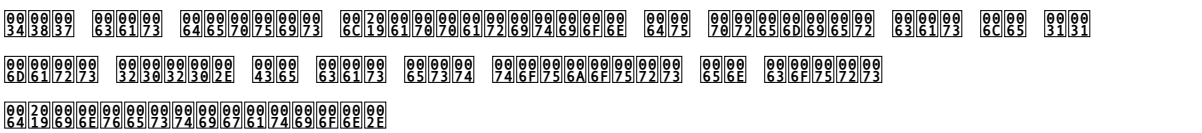
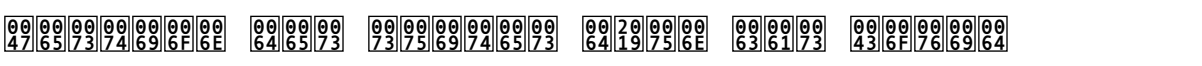
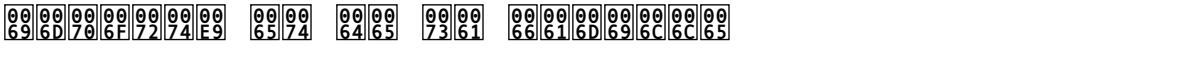
Agence Régionale de Santé
La Réunion

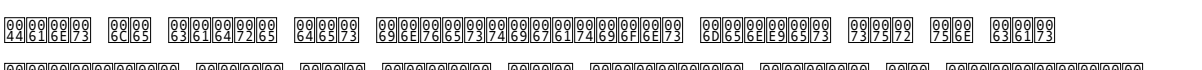
CORONAVIRUS (COVID-19)

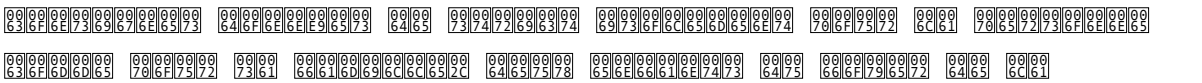
Point de situation

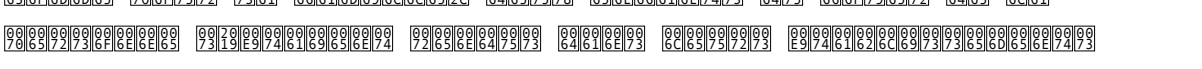


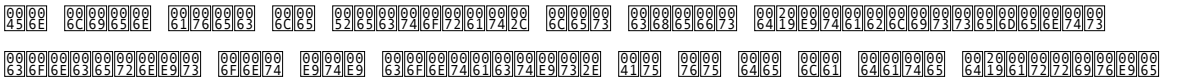


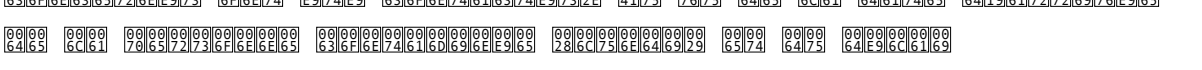


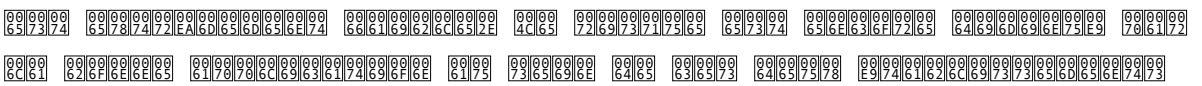


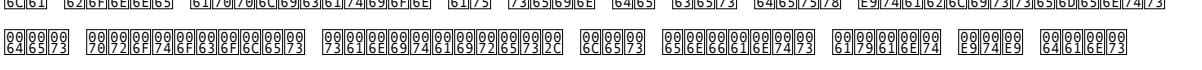


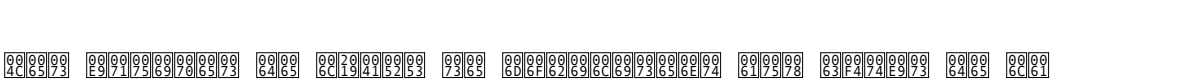


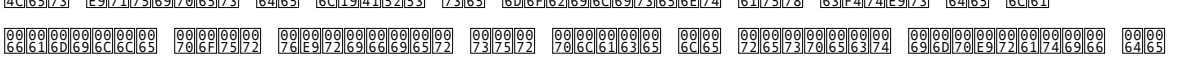


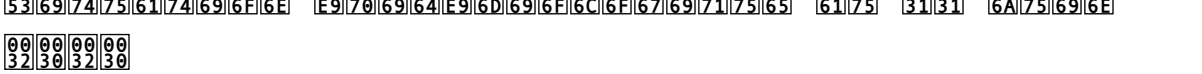


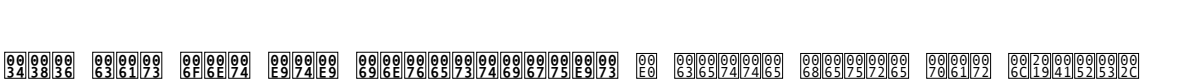


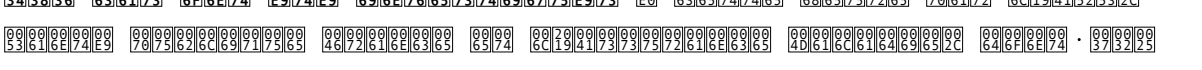












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Recommandations sanitaires pour la saison hivernale

2022

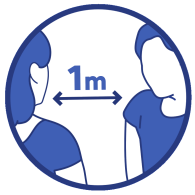
Mesures barrières

Se laver régulièrement les mains ou utiliser une solution hydro-alcoolique

Tousser ou éternuer dans son coude ou dans un mouchoir

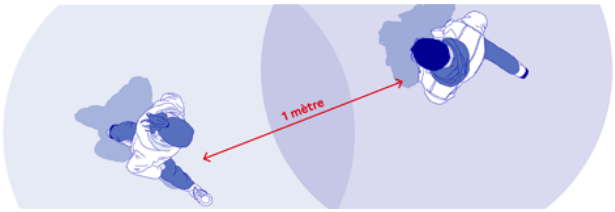
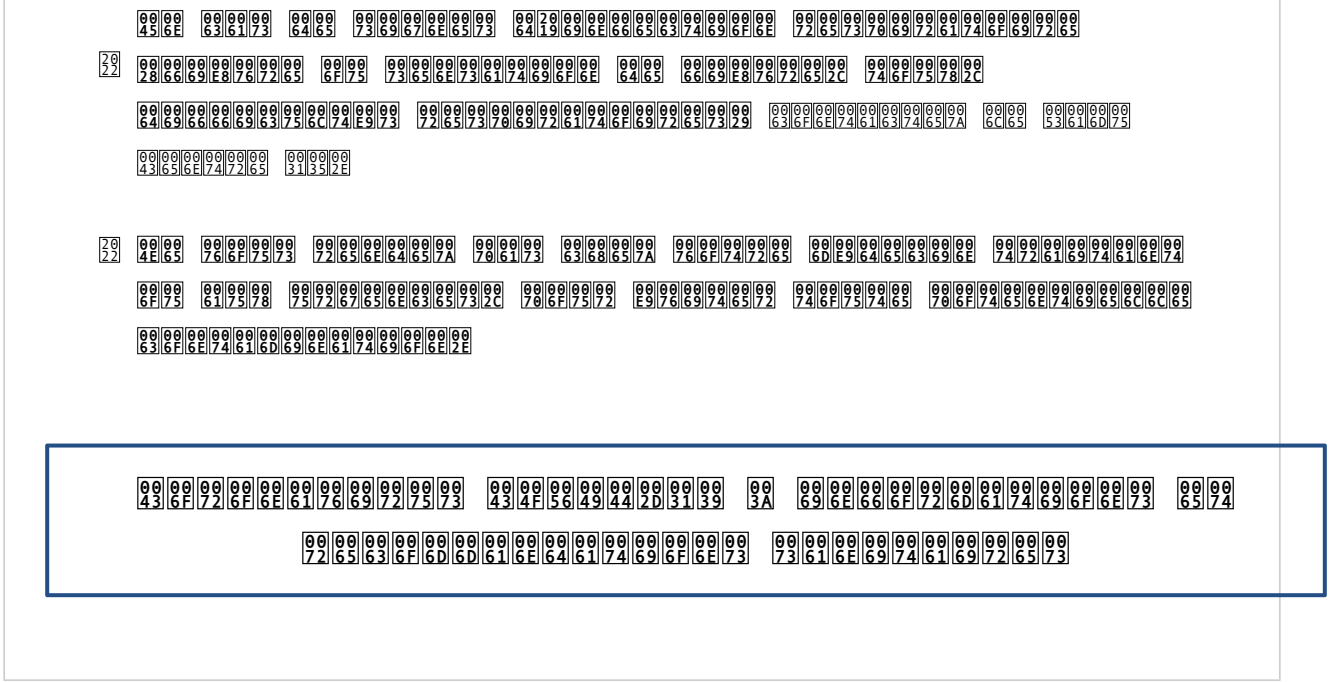
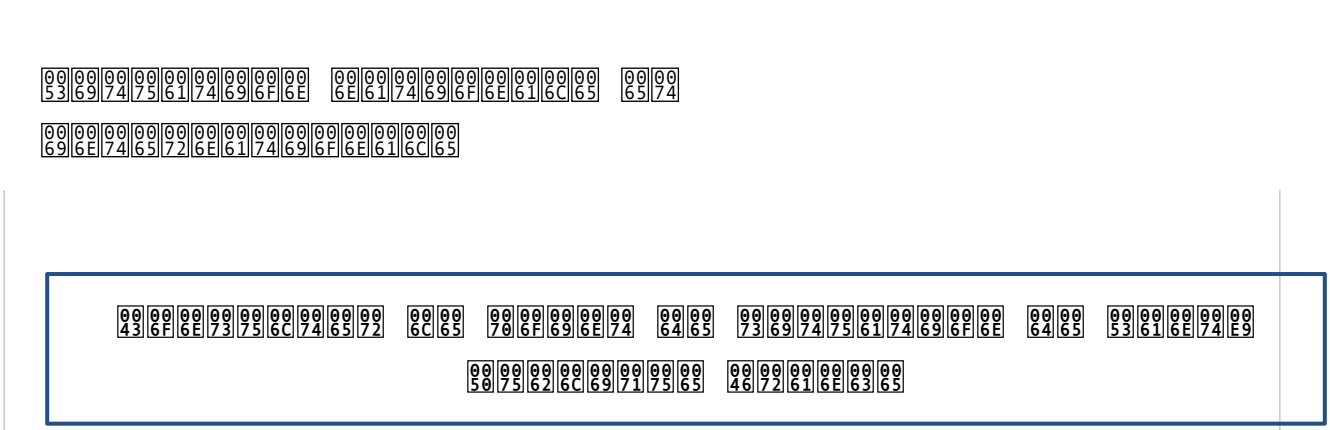
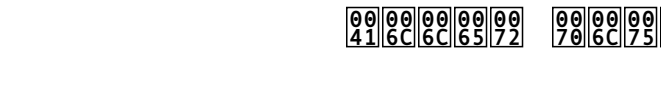
Se moucher dans un mouchoir à usage unique puis le jeter

Eviter de se toucher le visage



Respecter une distance d'au moins un mètre avec les autres

Saluer sans serrer la main et arrêter les embrassades

En complément de ces gestes, porter un masque quand la distance d'un mètre ne peut pas être respectée

2022