



## STATISTICS



11

Cases of  
COVID-19



10

Recovered  
Cases



1

Active  
Cases



75

Persons  
in  
Quarantine

## CORONAVIRUS OUTBREAK



### Coronavirus Disease (COVID-19) Outbreak

Learn More about the disease

[Coronavirus disease \(COVID-19\) - Advice for the public](#)

[Advice for Health Workers](#)

[Country & Technical Guidance - Coronavirus disease \(COVID-19\)](#)

[Frequently Asked Questions about COVID-19 in Seychelles](#)

## NEWS AND HIGHLIGHTS

---



APRIL 17,  
2020

### **Health Department receives donation from Jack Ma Foundation**

[Read More](#)



APRIL 17,  
2020

### Department of Health receives donation from WHO

[Read More](#)



APRIL 8,  
2020

### New measures implemented to further prevent spread of COVID-19

[Read More](#)

## IMPORTANT DOWNLOADS

---

📄 [Seychelles National Health Strategic Plan 2016 - 2020](#)

---

📄 [Health Sector Performance Report](#)

---

📄 [National Health Account](#)

---

📄 [Public Health Act](#)

---

## UPCOMING THEME DAYS

---

Due to the occurrence of the Coronavirus (COVID-19) in Seychelles, all our events and theme days are postponed until further notice.

PRESS RELEASE

**Public Health Authority announces gradual removal of restrictions**

MAY 4, 2020

**Press Update (20th April 2020)**

APRIL 21, 2020

**Press Update (17th April 2020)**

APRIL 21, 2020

HEALTH TIP

Protect yourself from COVID-19. Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

OUR INSTAGRAM



**dohseychelles**



Follow on Instagram

FOLLOW US ON FACEBOOK



**Department of Health Seychelles**



2 hours ago

Today is a special day for all the men and women who help run the clinics, hospitals and healthcare set ups around the world; the Nurses. A very happy nurses day to you all.

My name is Ms. Alice Mancienne and today I have been given the privilege to share the story of my career. My journey began 11 years ago, when I started nursing school and I met the first group of brothers and sisters who would serve alongside me throughout the years.

I worked as a nurse for 3 years before joining midwifery, it was during that time that I had my first child. It encouraged me to do something meaningful with my career, something that I would find worthwhile.

My decision to become a midwife came from a desire to care for others and a natural curiosity about pregnancy and birth. The idea of being the one to welcome new life into the world seemed surreal.

Midwifery is about more than just catching babies, it's about education, empowerment of patients and giving women like myself options and informed choices. Also it is a diverse and challenging career that makes you the ultimate multitasker. Managing a haemorrhage, freeing a stuck shoulder and resuscitating a baby is all in a day of work.

The role of the midwife is much more diverse than some people realise. As midwives we are usually the first and main contact for the women during her pregnancy, throughout labour and postnatal period.

We as midwives feel privileged to do the work we do. It is an enriching experience whereby I get to share both happy and sad moments. While the job does come with many rewards life as a midwife can also be challenging. As a profession we suffer the unkindness, unfair and undeserved reputation of being untrained, ignorant and dangerous.

But, at the end of the day it is such a humbling experience that women and family trust me with their care and want me to share in their journey to parenthood. There are times when a woman you can't even remember the name of comes up to you in a supermarket and says that you're the reason she is a mother now and kept going on about how her baby is doing so well.

I believe that the most rewarding experience for any midwife is seeing a healthy baby born to the world.

Thank you all and once again, have a wonderful

international nurse's day 2020. I would also like to take this opportunity to wish my midwifery family a very belated midwives' day.

Alice Mancienne, Nurse & Midwife at Maternity 1, Seychelles Hospital



Photo

[View on Facebook](#) · [Share](#)

---

### **ABOUT US**

Core Values  
Health for All and Health by All  
The Seychelles Constitution and Health Structure

### **OTHER WEBSITES**

Health Care Agency  
Public Health Authority  
National AIDS Council  
National Institute of Health and Social Studies

### **QUICK LINKS**

World Health Organization  
Red Cross Society of Seychelles  
Health Information for Travellers to Seychelles  
Government Portal

### **EMERGENCY NUMBERS**

Emergency Services: 151  
CARE: 4324242  
Centre Mont Royal: 4324745  
Drug and Alcohol Council: 4281819  
Red Cross: 4374543

Copyright 2020. All Rights Reserved.