



## COVID-19 LOCAL SITUATION



**149**

Cases of  
COVID-19



**148**

Recovered  
Cases



**1**

Active  
Cases



**0**

Deaths

## CORONAVIRUS OUTBREAK



### Coronavirus Disease (COVID-19) Outbreak

[Learn More about the disease](#)

[List of Countries from which visitors are permitted](#)

[Coronavirus disease \(COVID-19\) - Advice for the public](#)

[Frequently Asked Questions about COVID-19 in Seychelles](#)

[Advice for Health Workers](#)

[Guidance - Coronavirus disease \(COVID-19\)](#)

## NEWS AND HIGHLIGHTS

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SEPTEMBER 17,  
2020

**Reinforced infection prevention and control  
protect health workers and patients**

[Read More](#)



SEPTEMBER 8,  
2020

### Seychelles acclaims wild-polio free status

[Read More](#)



JULY 20,  
2020

### Health officers visit COVID-19 testing station

[Read More](#)

## IMPORTANT DOWNLOADS

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Public Health Act

Seychelles National Health Strategic Plan 2016 - 2020

## UPCOMING THEME DAYS

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**COVID-19 Symptoms Screening**

**Apply for Travel Authorisation**

**FAQs**

**Press Update**

**Guidelines**

**Forms**

**Plans**

**Legal Documents**

PRESS RELEASE

**Seychelles signs pooled procurement agreement to improve access to quality medicines**

OCTOBER 1, 2020

**Returning resident tests positive for COVID-19**

SEPTEMBER 30, 2020

**Health authorities investigates death of 46 year old man at health facility**

SEPTEMBER 30, 2020

NOTICE

Call the Department of Health hotline on **141** if you have any symptoms of COVID-19 or any health concerns on COVID-19.

OUR INSTAGRAM



**dohseychelles**



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Department of Health Seychelles

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Most times we are our own worst critic. Some of the “not so cool things we think and say to ourselves, we would not say or think of another person. So let’s adjust those self talks. Practice positive self-affirmations. Benefits include;

- ☑ Reduced negative thoughts
- ☑ Increased happiness
- ☑ Keeping the small things in perspective
- ☑ Better cardiovascular health

Source: [www.headwayclinic.ca/4-benefits-positive-affirmations/](http://www.headwayclinic.ca/4-benefits-positive-affirmations/)

From: Mental Health Services Team, Department of Health



Photo

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## ABOUT US

Core Values  
Health for All and Health by All  
The Seychelles Constitution and Health  
Structure

## OTHER WEBSITES

Health Care Agency  
Public Health Authority  
National AIDS Council  
National Institute of Health and Social Studies

### **QUICK LINKS**

World Health Organization  
Red Cross Society of Seychelles  
Health Information for Travellers to Seychelles  
Government Portal

### **EMERGENCY NUMBERS**

Emergency Services: 151  
CARE: 4324242  
Centre Mont Royal: 4324745  
Drug and Alcohol Council: 4281819  
Red Cross: 4374543