



## COVID-19 LOCAL SITUATION



**149**

Cases of  
COVID-19



**148**

Recovered  
Cases



**1**

Active  
Cases



**0**

Deaths

## CORONAVIRUS OUTBREAK



### Coronavirus Disease (COVID-19) Outbreak

[Learn More about the disease](#)

[List of Countries from which visitors are permitted](#)

[Coronavirus disease \(COVID-19\) - Advice for the public](#)

[Frequently Asked Questions about COVID-19 in Seychelles](#)

[Advice for Health Workers](#)

[Guidance - Coronavirus disease \(COVID-19\)](#)

## NEWS AND HIGHLIGHTS

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SEPTEMBER 17,  
2020

**Reinforced infection prevention and control  
protect health workers and patients**

[Read More](#)



SEPTEMBER 8,  
2020

### Seychelles acclaims wild-polio free status

[Read More](#)



JULY 20,  
2020

### Health officers visit COVID-19 testing station

[Read More](#)

#### IMPORTANT DOWNLOADS

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Public Health Act

Seychelles National Health Strategic Plan 2016 - 2020

#### UPCOMING THEME DAYS

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[COVID-19 Symptoms Screening](#)

[Apply for Travel Authorisation](#)

[FAQs](#)

[Press Update](#)

[Guidelines](#)

[Forms](#)

[Plans](#)

[Legal Documents](#)

PRESS RELEASE

**Seychelles signs pooled procurement agreement to improve access to quality medicines**

OCTOBER 1, 2020

**Returning resident tests positive for COVID-19**

SEPTEMBER 30, 2020

**Health authorities investigates death of 46 year old man at health facility**

SEPTEMBER 30, 2020

NOTICE

Call the Department of Health hotline on **141** if you have any symptoms of COVID-19 or any health concerns on COVID-19.

OUR INSTAGRAM



**dohseychelles**



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**Department of Health Seychelles**

17,000 likes

When something goes wrong in your life, do you normally take a moment to step back and see what went wrong and what you could do differently next time?. This process is call Self-reflection. Self-reflection can spark insight, which can alter the way we see ourselves and those around us.

Benefits include:

- Improve Self-Awareness
- Provide Perspective
- Allow You to Respond, Not React
- Facilitate a Deeper Level of Learning
- Improve Confidence
- Challenge Your Assumptions

Source: [www.lifehack.org/696285/how-self-reflection-gives-you-a-happier-and-more-successful-life](http://www.lifehack.org/696285/how-self-reflection-gives-you-a-happier-and-more-successful-life)

From: The Mental Health Services Team, Department of Health



Photo

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## ABOUT US

Core Values

Health for All and Health by All

The Seychelles Constitution and Health Structure

## OTHER WEBSITES

Health Care Agency  
Public Health Authority  
National AIDS Council  
National Institute of Health and Social Studies

**QUICK LINKS**

World Health Organization  
Red Cross Society of Seychelles  
Health Information for Travellers to Seychelles  
Government Portal

**EMERGENCY NUMBERS**

Emergency Services: 151  
CARE: 4324242  
Centre Mont Royal: 4324745  
Drug and Alcohol Council: 4281819  
Red Cross: 4374543