



## COVID-19 LOCAL SITUATION



**153**

Cases of  
COVID-19



**149**

Recovered  
Cases



**4**

Active  
Cases



**0**

Deaths

## CORONAVIRUS OUTBREAK



### Coronavirus Disease (COVID-19) Outbreak

[Learn More about the disease](#)

[List of Countries from which visitors are permitted](#)

[Coronavirus disease \(COVID-19\) - Advice for the public](#)

[Frequently Asked Questions about COVID-19 in Seychelles](#)

[Advice for Health Workers](#)

[Guidance - Coronavirus disease \(COVID-19\)](#)

## NEWS AND HIGHLIGHTS

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SEPTEMBER 17,  
2020

**Reinforced infection prevention and control  
protect health workers and patients**

[Read More](#)



SEPTEMBER 8,  
2020

### Seychelles acclaims wild-polio free status

[Read More](#)



JULY 20,  
2020

### Health officers visit COVID-19 testing station

[Read More](#)

## IMPORTANT DOWNLOADS

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Public Health Act

Seychelles National Health Strategic Plan 2016 - 2020

## UPCOMING THEME DAYS

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[COVID-19 Symptoms Screening](#)

[Apply for Travel Authorisation](#)

[FAQs](#)

[Press Update](#)

[Guidelines](#)

[Forms](#)

[Plans](#)

[Legal Documents](#)

PRESS RELEASE

**Seychelles signs pooled procurement agreement to improve access to quality medicines**

OCTOBER 1, 2020

**Returning resident tests positive for COVID-19**

SEPTEMBER 30, 2020

**Health authorities investigates death of 46 year old man at health facility**

SEPTEMBER 30, 2020

NOTICE

Call the Department of Health hotline on **141** if you have any symptoms of COVID-19 or any health concerns on COVID-19.

OUR INSTAGRAM



**dohseychelles**



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Department of Health Seychelles

17,000 likes

Think back to the last time you had a bad day. Someone probably told you to “keep your chin up” or “look at the glass as half full.” Whether or not you took that advice, it is wise to try to maintain your sense of optimism in spite of obstacles or setbacks. Why? Because the benefits of POSITIVE THINKING are far greater than you might think. Mental benefits may include:

- Better stress management
- More creativity and success
- Greater problem-solving skill
- Clearer thinking
- Better mood
- Better coping skills
- Less depression

Source: [www.webmd.com/mental-health/positive-thinking-overview#1](http://www.webmd.com/mental-health/positive-thinking-overview#1)

From: The Mental Health Services Team, Department of Health



Photo

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## ABOUT US

Core Values

Health for All and Health by All

The Seychelles Constitution and Health Structure

## OTHER WEBSITES

Health Care Agency  
Public Health Authority  
National AIDS Council  
National Institute of Health and Social Studies

**QUICK LINKS**

World Health Organization  
Red Cross Society of Seychelles  
Health Information for Travellers to Seychelles  
Government Portal

**EMERGENCY NUMBERS**

Emergency Services: 151  
CARE: 4324242  
Centre Mont Royal: 4324745  
Drug and Alcohol Council: 4281819  
Red Cross: 4374543