

# New coronavirus



Version: 11.3.2020

The coronavirus can pose a serious risk to people over the age of 65 and to those with underlying medical conditions. New sets of recommendations – general and for the workplace – should help to protect these groups. Under this rubric, you will find information on this and the current situation, FAQs and recommendations for travellers.

- ▼ [Current situation in Switzerland](#)
- ▼ [Current situation – International](#)
- ▼ [Affected areas: why is reference no longer being made to 'affected areas'?](#)
- ▼ [People at especially high risk and progression of the disease](#)
- ▼ [Information campaign 'Protect yourself and others'](#)
- ▼ [COVID-19](#)
- ▼ [Origins of the new coronavirus](#)
- ▼ [Press conference](#)
- ▼ [Information about: Federal government measures; Recommendations for the workplace and for travellers; FAQs; etc.](#)
- ▼ [Links and Documents](#)

## Information for travellers

[www.safetravel.ch](http://www.safetravel.ch)

(in German or French)

## Current situation in Switzerland

### Confirmed in Switzerland

#### 11.3.2020:

Switzerland recorded its fourth death attributed to the coronavirus; a 54-year-old man from the canton of Basel-Landschaft. The FOPH is in contact with the authorities of the Canton of Basel-Land.

#### 11.3.2020, 12 pm:

#### Number of cases

Tested positive: 645

Confirmed: 613

**Reports of diseases** from: the cantons Aargau, Appenzell Ausserrhoden, Basel Land, Basel Stadt, Bern, Fribourg, Geneva, Glarus, Graubünden, Jura, Lucerne, Neuchâtel, Nidwalden, Schaffhausen, Schwyz, Solothurn, St. Gallen, Ticino, Thurgau, Vaud, Valais, Zug, Zurich and from the Principality of Liechtenstein.

#### Total number who have died: 4

- A 54-year-old man from the canton of Basel-Landschaft
- An 80-year-old lady from the canton of Ticino
- A 76-year-old man from the canton of Basel-Landschaft
- A 74-year-old lady from the canton of Vaud

The top priority for the Swiss Federal Council is the health of the public.

The aim should be to make sure that people are better protected from the novel coronavirus, especially those who are at a higher risk of becoming severely ill. We can all help by following the recommendations (both the new ones and those issued previously):

severely ill. We can all help by following the recommendations given in this article and those issued previously.

- **Keep your distance** – for example: Protect elderly people by keeping adequate distance from them; Keep your distance when queuing or waiting in line; Keep your distance at meetings.
- **Wash your hands thoroughly.**
- **Avoid shaking hands.**
- **Cough and sneeze into a tissue or the crook of your arm.**
- **If you have a high temperature and a cough, stay at home.**
- **Always call ahead before going to the doctor's or the emergency department.**

You will find detailed information on the "[Protect yourself and others](#)" site or at [www.foph-coronavirus](http://www.foph-coronavirus).

## Recommendations regarding self-isolation and self-quarantine

Not everyone carrying the coronavirus necessarily displays symptoms of the illness or feels ill. In order to stop the unhindered spread of the virus we need to act responsibly through [self-isolation and self-quarantine](#).

## Recommendations for the workplace

The new coronavirus can pose a serious threat to people over the age of 65 and younger people with pre-existing medical conditions. The [recommendations for the workplace](#) are aimed at helping to protect these groups.

## Federal government measures

In view of the current situation and the spread of the coronavirus, the Federal Council has categorised **the situation** in Switzerland as **special** in terms of the Epidemics Act. Large-scale events involving more than 1000 people are to be banned. The ban will apply at least until 15 March 2020. The cantonal authorities decide on events with less than 1000 participants. Further information can be found under [Federal government measures](#).

This measure should prevent or delay the spread of the disease in Switzerland, thus reducing its momentum.

## No travel restrictions for entry into Switzerland

There are no travel restrictions for entry into Switzerland.

[^ Top of page](#)

## Current situation – International

As of 11 March 2020, 7am:

Cases of new coronavirus infections have been confirmed in China and in more than 110 further countries or regions.

More than 10,000 cases of new coronavirus have been confirmed in Italy. Of those, 631 people are known to have died. For Italy as for all other areas concerned, travellers should inform themselves about the local situation.

Globally over 119,000 people are confirmed to have been infected with the new coronavirus. 4,296 people are known to have died, 1,138 outside of mainland China. Totally more than 66,000 people have been recovered again.

In the majority of cases the illness is mild. However, people aged over 65 and those with an existing pre-illness could become seriously ill.

[^ Top of page](#)

## Affected areas: why is reference no longer being made to 'affected areas'?

There is now a risk of becoming infected with new coronavirus in almost all parts of the world. As of 9 March we will therefore no longer be referring to 'affected areas'.

[^ Top of page](#)

## People at especially high risk and progression of the disease

People aged over 65 and those with one of the following pre-existing conditions are at a higher risk of becoming severely ill:

- High blood pressure
- Diabetes
- Cardiovascular disease
- Chronic respiratory diseases
- Conditions and therapies that weaken the immune system
- Cancer

The new coronavirus disease progresses very rapidly. Some people, for example, have only mild symptoms and find out that

The way the novel coronavirus disease progresses can vary widely. Some people, for example, have only mild symptoms and hardly notice that they're ill. Others need intensive care in hospital.

To find out how we can protect ourselves and others from infection, please see the [Protect yourself and others site](#).

[^ Top of page](#)

## Information campaign 'Protect yourself and others'

We can protect ourselves and others from becoming infected with the new coronavirus by following a number of rules on hygiene and how to behave around others. You can find more information here: [Protect yourself and others](#).

## COVID-19

On 11 February 2020 the WHO gave the disease caused by the new coronavirus an official name: **COVID-19**, short for coronavirus disease 2019.

## Origins of the new coronavirus

The coronavirus epidemic in China probably originated at a market in the central Chinese city of Wuhan where bats, snakes and other wild animals were traded in addition to fish. The virus was transmitted from animals to humans. Since then the virus has been transmitted from person to person. The Chinese authorities have closed the market.

[^ Top of page](#)

## Press conference

## Further information

### [New coronavirus: Federal government measures](#)

The Federal Council's highest priority is to protect the public. It has declared that a 'special situation' exists in Switzerland. As a result, the federal government can introduce special measures such as banning large-scale events.

## New coronavirus: Protect yourself and others

How can you protect yourself against the new coronavirus? You can find out just how to do that in the section on 'How to protect yourself and others'. Follow the rules on hygiene and what to do if you experience symptoms.

## New coronavirus: Recommendations regarding self-isolation and self-quarantine

Not everyone carrying the coronavirus necessarily displays symptoms of the illness or feels ill. In order to stop the unhindered spread of the virus we need to act responsibly through self-isolation and self-quarantine.

## New coronavirus: Recommendations for the workplace

The new coronavirus can pose a risk to people over the age of 65 and to people with pre-existing medical conditions. Their protection is the main aim of these recommendations for the workplace. However, the recommendations apply to all employers and employees.

## New coronavirus: Recommendations for travellers

There is a risk of becoming infected with the new coronavirus in almost all parts of the world. The WHO has not yet issued any travel restrictions. Many airports have introduced stricter passenger monitoring procedures. You can find advice on what to be aware of here.

## Frequently Asked Questions (FAQs) about the new coronavirus

Do you have any questions regarding the risk of infection, travel and tourism, symptoms, diagnosis and treatment, and protecting yourself from infection? You will find many answers here.

### Documents

### Links

#### Information in other languages

 [فيروس كورونا الجديد](#) (PDF, 551 kB, 06.03.2020)

 [新冠肺炎病毒](#) (PDF, 563 kB, 06.03.2020)

 [Nuevo coronavirus: ¿Qué puede hacer?](#) (PDF, 527 kB, 06.03.2020)

 [Novo coronavirus: O que pode fazer?](#) (PDF, 532 kB, 06.03.2020)

 [Novi koronavirus: Šta možete da uradite?](#) (PDF, 571 kB, 06.03.2020)

 [Koronavirus i ri: Çfarë mund të bëni?](#) (PDF, 522 kB, 06.03.2020)

 [Yeni Corona Virüsü: Ne yapabilirsiniz?](#) (PDF, 550 kB, 06.03.2020)

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[^ Top of page](#)

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