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# Coronavirus in Scotland

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

## Coronavirus symptoms

Common symptoms include:

- high temperature or fever
- a persistent cough
- shortness of breath

## Health advice

Health advice can be found on: [NHS Inform](#).

A free helpline can give advice if you do not have symptoms, but are looking for general advice: 0800 028 2816.

The [latest information and advice for professionals and organisations](#) is on the Health Protection Scotland website.

Overseas visitors to Scotland, regardless of their residency status, are exempt from NHS charges for both the diagnosis and treatment of coronavirus (COVID-19).

- [healthcare for overseas visitors](#) 
- [healthcare for refugees and asylum seekers](#) 

## Scottish test numbers: 25 March 2020

A total of 10,676 Scottish tests have concluded. Of these:

- 9957 tests were confirmed negative
- 719 tests were positive
- 22 patients who tested positive for coronavirus (COVID-19) have died.

### Health board

### Positive cases

Ayrshire and Arran

57

Borders

15

Health board	Positive cases
Dumfries and Galloway	31
Fife	29
Forth Valley	59
Grampian	29
Greater Glasgow and Clyde	221
Highland	22
Lanarkshire	87
Lothian	88
Shetland	24
Tayside	57

The latest numbers will publish at 2pm each day.

The Department of Health publishes [UK figures](#) on behalf of all UK Chief Medical Officers. Test results from Scotland are included in the overall UK figure.

### Help your community and volunteering advice

Help your community information is on the [ReadyScotland](#) website.

### Business advice

If you run a business you can get advice by calling the helpline: 0300 303 0660. It is open Monday to Friday, 8.30am to 5.30pm. Select option 1 to speak to the COVID-19 team.

The [Find Business Support](#) website gives the latest information and advice.

Advice about benefits and employment rights is on [Citizens Advice Scotland](#).

### Advice for parents

Advice for parents is on the [ParentClub](#) website.

### Travel, visa and passport advice

You must stay at home, do not travel unless for food, health and essential work.

Guidance for British people travelling abroad: [Travel advice: coronavirus \(COVID-19\)](#).

Travel advice and country specific information can be found at: [FitForTravel](#).

Guidance for visa holders and applicants in Scotland, and British nationals overseas who need to apply for a passport: [Visa and passport advice \(COVID-19\)](#).

### Our approach

Our approach is guided by the Chief Medical Officer, and we continue to monitor the situation closely and to work with the WHO and international community.

We are working with the Welsh Government, Northern Ireland Executive, and the UK Government to respond to the ongoing outbreak.

**ADVICE AND GUIDANCE**

24 Mar 2020

**Coronavirus (COVID-19): school and ELC closures - guidance for key workers**

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**News**

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**New expert group to study spread of COVID-19**

**Coronavirus support for seafood fishing industry**

**COVID-19 testing to get key workers back to work**

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**Publications**

**COVID-19: Declaration of a serious and imminent threat to public health**

**Coronavirus (COVID-19) update: First Minister's speech 25 March 2020**

**Coronavirus (COVID-19): fair work statement**

**Coronavirus (COVID-19): business and social distancing guidance**

**Coronavirus (COVID-19): support for Scottish fishing industry**

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