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# Coronavirus in Scotland

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

## Coronavirus symptoms

Common symptoms include:

- high temperature or fever
- a persistent cough
- shortness of breath

## Health advice

Health advice can be found on: [NHS Inform](#).

A free helpline can give advice if you do not have symptoms, but are looking for general advice: 0800 028 2816.

The [latest information and advice for professionals and organisations](#) is on the Health Protection Scotland website.

Overseas visitors to Scotland, regardless of their residency status, are exempt from NHS charges for both the diagnosis and treatment of coronavirus (COVID-19).

- [healthcare for overseas visitors](#) 
- [healthcare for refugees and asylum seekers](#) 

## Scottish test numbers: 28 March 2020

A total of 13,133 Scottish tests have concluded. Of these:

- 11,888 tests were confirmed negative
- 1,245 tests were positive
- 40 patients who tested positive for coronavirus (COVID-19) have died

### Health board

### Positive cases

Ayrshire and Arran

90

Borders

35

Health board	Positive cases
Dumfries and Galloway	60
Fife	51
Forth Valley	95
Grampian	52
Greater Glasgow and Clyde	376
Highland	36
Lanarkshire	165
Lothian	151
Shetland	27
Tayside	107

The latest numbers will publish at 2pm each day.

The Department of Health publishes [UK figures](#) on behalf of all UK Chief Medical Officers. Test results from Scotland are included in the overall UK figure.

### Help your community and volunteering advice

Information on how to help your community is on the [Ready Scotland](#) website.

### Business advice

If you run a business you can get advice by calling the helpline: 0300 303 0660. It is open Monday to Friday, 8.30am to 5.30pm. Select option 1 to speak to the COVID-19 team.

The [Find Business Support](#) website gives the latest information and advice.

Advice about benefits and employment rights is on [Citizens Advice Scotland](#).

### Advice for parents

Advice for parents is on the [ParentClub](#) website.

### Travel, visa and passport advice

You must stay at home, do not travel unless for food, health and essential work.

Guidance for British people travelling abroad: [Travel advice: coronavirus \(COVID-19\)](#).

Travel advice and country specific information can be found at: [FitForTravel](#).

Guidance for visa holders and applicants in Scotland, and British nationals overseas who need to apply for a passport: [Visa and passport advice \(COVID-19\)](#).

### Our approach

Our approach is guided by the Chief Medical Officer, and we continue to monitor the situation closely and to work with the WHO and international community.

We are working with the Welsh Government, Northern Ireland Executive, and the UK Government to respond to the ongoing outbreak.

## Coronavirus (COVID-19): guidance

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### News

[Extra support for crime victims during pandemic](#)

[Supporting tourism through coronavirus](#)

[Supporting suppliers during coronavirus \(COVID-19\) outbreak](#)

[100% rates relief for heavily-impacted sectors](#)

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### Publications

[Coronavirus \(COVID-19\): advice to owners of companion animals and livestock](#)

[Coronavirus \(COVID-19\): advice to owners of companion animals and livestock](#)

[Coronavirus \(COVID-19\): advice for beekeepers](#)

[Coronavirus \(COVID-19\): shielding support contacts](#)

[Coronavirus \(COVID-19\): staying at home and away from others \(social distancing\)](#)

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