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# Coronavirus in Scotland

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

## Coronavirus symptoms

- high temperature or fever
- a new, continuous cough
- shortness of breath


## Health advice

Health advice can be found on: [NHS Inform](#).

A free helpline can give advice if you do not have symptoms, but are looking for general advice: 0800 028 2816.

The [latest information and advice for professionals and organisations](#) is on the Health Protection Scotland website.

Overseas visitors to Scotland, regardless of their residency status, are exempt from NHS charges for both the diagnosis and treatment of coronavirus (COVID-19).

- [healthcare for overseas visitors](#) 
- [healthcare for refugees and asylum seekers](#) 

## Scottish test numbers: 01 April 2020

A total of 17,007 people in Scotland have been tested. Of these:

- 14,697 tests were confirmed negative
- 2,310 tests were positive
- 76 patients who tested positive have died

Please note: Of the 430 new laboratory reports yesterday, 108 were from the Dundee laboratory which had been unable to submit data over the weekend or Monday morning.

Health board	Positive cases

Ayrshire and Arran	199
Borders	87
Dumfries and Galloway	100
Fife	96
Forth Valley	146
Grampian	108
Greater Glasgow and Clyde	632
Highland	58
Lanarkshire	284
Lothian	311
Orkney	2
Shetland	30
Tayside	254
Eileanan Siar (Western Isles)	3

The latest numbers will publish at 2pm each day.

The Department of Health publishes [UK figures](#) on behalf of all UK Chief Medical Officers. Test results from Scotland are included in the overall UK figure.

### **Help your community and volunteering advice**

Information on how to help your community is on the [Ready Scotland](#) website.

### **Business advice**

If you run a business you can get advice by calling the helpline: 0300 303 0660. It is open Monday to Friday, 8.30am to 5.30pm. Select option 1 to speak to the COVID-19 team.

The [Find Business Support](#) website gives the latest information and advice.

### **Benefits and employment rights**

Advice about benefits and employment rights is on [Citizens Advice Scotland](#).

### **Advice for parents**

Advice for parents is on the [ParentClub](#) website

Advice for parents is on the [Lancashire](#) website.

### **Travel, visa and passport advice**

You must stay at home, do not travel unless for food, health and essential work.

Guidance for British people travelling abroad: [Travel advice: coronavirus \(COVID-19\)](#).

Travel advice and country specific information can be found at: [FitForTravel](#).

Guidance for visa holders and applicants in Scotland, and British nationals overseas who need to apply for a passport: [Visa and passport advice \(COVID-19\)](#).

### **Our approach**

Our approach is guided by the Chief Medical Officer, and we continue to monitor the situation closely and to work with the WHO and international community.

We are working with the Welsh Government, Northern Ireland Executive, and the UK Government to respond to the ongoing outbreak.

## Coronavirus (COVID-19): guidance

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[NHS Louisa Jordan](#)

[Update on devolved benefits](#)

[Climate Change Plan update](#)

[Support for GP practices](#)

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### Publications

[Coronavirus \(COVID-19\) - appeal to rejoin the GPhC register: Chief Pharmaceutical Officer letter](#)

[Coronavirus \(COVID-19\) - key workers definition and status: letter from Cabinet Secretary and COSLA](#)

[Coronavirus \(COVID-19\): shielding support contacts](#)

[Coronavirus \(COVID-19\) - update on devolved benefits: Cabinet Secretary speech](#)

[Coronavirus \(COVID-19\): letter to childminders about service provision](#)

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