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# Coronavirus in Scotland

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

## Coronavirus symptoms

The most common symptoms of COVID-19 are a new continuous cough and/or a fever/high temperature (37.8C or greater).

A new continuous cough is where you:

- have a new cough that's lasted for an hour
- have had 3 or more episodes of coughing in 24 hours
- are coughing more than usual

## Health advice

Health advice can be found on: [NHS Inform](#).

A free helpline can give advice if you do not have symptoms, but are looking for general advice: 0800 028 2816.

The [latest information and advice for professionals and organisations](#) is on the Health Protection Scotland website.

Overseas visitors to Scotland, regardless of their residency status, are exempt from NHS charges for both the diagnosis and treatment of coronavirus (COVID-19).

- [healthcare for overseas visitors](#) 
- [healthcare for refugees and asylum seekers](#) 

## Scottish test numbers: 03 April 2020

A total of 19,535 people in Scotland have been tested. Of these:

- 16,534 tests were confirmed negative
- 3,001 tests were positive
- 172 patients who tested positive have died

Find out about our [new process for reporting COVID-19 deaths](#).

Health board	Positive cases
Ayrshire and Arran	240
Borders	100
Dumfries and Galloway	122
Fife	147
Forth Valley	189
Grampian	173
Greater Glasgow and Clyde	779
Highland	72
Lanarkshire	377
Lothian	408
Orkney	2
Shetland	36
Tayside	353
Eileanan Siar (Western Isles)	3

The latest numbers will publish at 2pm each day.

The Department of Health publishes [UK figures](#) on behalf of all UK Chief Medical Officers. Test results from Scotland are included in the overall UK figure.

### Help your community and volunteering advice

Information on how to help your community is on the [Ready Scotland](#) website.

### Business advice

If you run a business you can get advice by calling the helpline: 0300 303 0660. It is open Monday to Friday, 8.30am to 5.30pm. Select option 1 to speak to the COVID-19 team.

The [Find Business Support](#) website gives the latest information and advice.

### Benefits and employment rights

Advice about benefits and employment rights is on [Citizens Advice Scotland](#).

## **Advice for parents**

Advice for parents is on the [ParentClub](#) website.

## **Travel, visa and passport advice**

You must stay at home, do not travel unless for food, health and essential work.

Guidance for British people travelling abroad: [Travel advice: coronavirus \(COVID-19\)](#).

Travel advice and country specific information can be found at: [FitForTravel](#).

Guidance for visa holders and applicants in Scotland, and British nationals overseas who need to apply for a passport: [Visa and passport advice \(COVID-19\)](#).

## **Our approach**

Our approach is guided by the Chief Medical Officer, and we continue to monitor the situation closely and to work with the WHO and international community.

We are working with the Welsh Government, Northern Ireland Executive, and the UK Government to respond to the ongoing outbreak.

## Coronavirus (COVID-19): guidance

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### News

[Easter childcare for key workers](#)

[Deliveries for high risk groups](#)

[Construction underway at NHS Louisa Jordan](#)

[New process for reporting COVID-19 deaths](#)

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### Publications

[Coronavirus \(COVID-19\): patient discharge leaflet](#)

[Coronavirus \(COVID-19\): changes to social care assessments](#)

[Coronavirus \(COVID-19\): clinical advice](#)

[Coronavirus \(COVID-19\): ethical advice and support framework](#)

[Planning Procedures and COVID-19: Chief Planner letter April 2020](#)

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