

[Home](#) > [Topics](#) >

# Coronavirus in Scotland

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

## Coronavirus symptoms

The most common symptoms of COVID-19 are a new continuous cough and/or a fever/high temperature (37.8C or greater).

A new continuous cough is where you:

- have a new cough that's lasted for an hour
- have had 3 or more episodes of coughing in 24 hours
- are coughing more than usual

## Health advice

Health advice can be found on: [NHS Inform](#).

A free helpline can give advice if you do not have symptoms, but are looking for general advice: 0800 028 2816.

The [latest information and advice for professionals and organisations](#) is on the Health Protection Scotland website.

Overseas visitors to Scotland, regardless of their residency status, are exempt from NHS charges for both the diagnosis and treatment of coronavirus (COVID-19).

- [healthcare for overseas visitors](#) 
- [healthcare for refugees and asylum seekers](#) 

## Scottish test numbers: 8 April 2020

A total of 26,226 people in Scotland have been tested. Of these:

- 21,661 tests were confirmed negative
- 4,565 tests were positive
- 193 patients who tested positive were in intensive care last night
- 366 patients who tested positive have died

View the [full breakdown by NHS Board](#) which also includes management information such as number of 111 calls and

View the [full breakdown by NHS Board](#), which also includes management information such as number of PPI calls and NHS absences.

Find out about our [new process for daily reporting of COVID-19 deaths](#).

View the first weekly publication on COVID-19 deaths from [National Records of Scotland \(NRS\)](#).

The latest numbers will publish at 2pm each day.

The Department of Health publishes [UK figures](#) on behalf of all UK Chief Medical Officers. Test results from Scotland are included in the overall UK figure.

## **Help your community and volunteering advice**

Information on how to help your community is on the [Ready Scotland](#) website.

## **Business advice**

If you run a business you can get advice by calling the helpline: 0300 303 0660. It is open Monday to Friday, 8.30am to 5.30pm. Select option 1 to speak to the COVID-19 team.

The [Find Business Support](#) website gives the latest information and advice.

## **Benefits and employment rights**

Advice about benefits and employment rights is on [Citizens Advice Scotland](#).

## **Advice for parents**

Advice for parents is on the [ParentClub](#) website.

## **Travel, visa and passport advice**

You must stay at home, do not travel unless for food, health and essential work.

Guidance for British people travelling abroad: [Travel advice: coronavirus \(COVID-19\)](#).

Travel advice and country specific information can be found at: [FitForTravel](#).

Guidance for visa holders and applicants in Scotland, and British nationals overseas who need to apply for a passport: [Visa and passport advice \(COVID-19\)](#)

## **Our approach**

Our approach is guided by the Chief Medical Officer, and we continue to monitor the situation closely and to work with the WHO and international community.

We are working with the Welsh Government, Northern Ireland Executive, and the UK Government to respond to the ongoing outbreak.

## Coronavirus (COVID-19): guidance

---

### News

[Skills matching service to help rural business](#)

[Additional COVID-19 daily data published](#)

[Extra hardship payments for students](#)

[Nursing and midwifery students step up to join coronavirus workforce](#)

 [See all news](#)

---

### Publications

[Coronavirus \(COVID-19\) data: definitions and sources](#)

[Trends in number of people in hospital with confirmed or suspected COVID-19](#)

[Coronavirus \(COVID-19\): tests and cases in Scotland](#)

[Coronavirus \(COVID-19\): adults with incapacity guidance](#)

[Coronavirus Act 2020 \(C.7\): determination under paragraph 9\(1\) of part 2 of Schedule 14 \(Cremations\)](#)

 [See all publications](#)

---

### Was this helpful?

Your feedback will help us improve this site

Yes  No  Yes, but

---

[Accessibility](#)

[Archive](#)

[Contact](#)

[Cookies](#)

[Crown Copyright](#)

[Jobs and vacancies](#)

[Privacy](#)

