Iechyd Cyhoeddus Cymru
Public Health Wales

Public Health Wales statement on Novel Coronavirus (COVID-19) outbreak

This statement will be updated daily at 2pm

Updated: 2:00pm Tuesday 14 July

Dr Giri Shankar, Incident Director for the Novel Coronavirus (COVID-19) outbreak response at Public Health Wales, said:

"Public Health Wales' user-friendly data dashboard takes information from a range of different sources. The total number of positive cases now includes those reported from non-NHS Wales laboratories, which are subject to ongoing de-duplication, refinement and reconciliation. This may result in fluctuation of the total positive cases as this process takes place.

Updates on current incidents

"The outbreak associated with the workforce at the Rowan Foods plant in Wrexham remains active, although the number of reported cases has slowed considerably. The total number of positive cases associated with this outbreak is 305 and more updates will be issued in the coming days.

"The picture emerging from the 2 Sisters factory in Llangefni continues to improve. The total number of positive cases associated with the outbreak is now 221, which is to be expected when any focused testing process is put in place and is not a cause for concern.

"In addition, the total number of positive case identified at the Kepak Merthyr meat processing plant is 138 since April. The Incident Management Team's investigations are continuing. No outbreak has been declared but all necessary investigations and control measures are being undertaken.

"The Food Standards Agency advise that it is very unlikely that you can catch coronavirus from food. Coronavirus is a respiratory illness. It is not known to be transmitted by exposure to food or food packaging.

Contact tracing and general information

"Contact tracing continues in Wales as part of the Welsh Government's *Test, Trace, Protect* strategy. Anyone who has a positive Coronavirus test will be contacted by a team of contact tracers, and asked for details of everyone they have had close contact with while they have had symptoms.

"Please keep a note of your activities so you can easily remember your whereabouts on a given day, along with who you were in contact with.

"If you are asked to self-isolate, you should also comply with this request to prevent further spread of the virus.

"Tracers are trained staff and personal information that you provide will handled in line with data protection regulations and will not be shared widely.

"We continue to caution and remind the public and business-owners that we all have a vital role in preventing the spread of Coronavirus by always sticking to social distancing guidelines - staying two

metres away from others, and washing hands regularly. When travelling you should also avoid car sharing with people outside your household.

"Anyone with suspected symptoms of COVID-19 infection - a high temperature, a new, continuous cough, or a loss of smell or taste (anosmia) - must self-isolate and seek an urgent test.

"Confirmed cases must isolate for seven days, with members of their household isolating for 14 days until the risk of passing on further infection has gone. Combined these simple but effective actions will ensure the virus does not spread.

“Information about the symptoms of Coronavirus is available on the Public Health Wales website, or members of the public can use the NHS Wales symptom checker.

“Anyone experiencing Coronavirus symptoms can apply for a home testing kit by visiting www.gov.wales/coronavirus, or by calling the national 119 phone service.

“Anyone with suspected coronavirus should not go to a GP surgery, pharmacy or hospital. They should only contact NHS 111 if they feel they cannot cope with their symptoms at home, their condition gets worse, or their symptoms do not get better after seven days.

“Only call 999 if you are experiencing a life-threatening emergency, do not call 999 just because you are on hold to 111. We appreciate that 111 lines are busy, but you will get through after a wait.”

Diweddarwyd: 2:00yp Dydd Mawrth 14 Gorffennaf

Dywedodd Dr Giri Shankar, Cyfarwyddwr Digwyddiad ar gyfer yr ymateb i'r achos o'r Coronafeirws Newydd (COVID-19) yn Iechyd Cyhoeddus Cymru:

“Mae dangosfwrdd data hawdd ei ddefnyddio Iechyd Cyhoeddus Cymru yn casglu gwybodaeth o ystod o ffynonellau gwahanol. Mae cyfanswm nifer yr achosion positif bellach yn cynnwys y rhai yr adroddwyd amdanynt o labordai nad ydynt yn eiddo i GIG Cymru, sy’n ddarostyngedig i ddad-ddyblygu, mireinio a chysoni parhaus. Gallai hyn arwain at amrywiad yng nghyfanswm nifer yr achosion positif wrth i’r broses hon fynd rhagddi.

Diweddariadau ar ddigwyddiadau cyfredol

“Mae’r achosion sy’n gysylltiedig â’r gweithlu yn safle *Rowan Foods* yn Wrecsam yn parhau, er bod nifer yr achosion yr adroddwyd amdanynt wedi arafu’n sylweddol. Cyfanswm nifer yr achosion positif sy’n gysylltiedig â’r achos hwn yw 305 a bydd diweddariadau pellach yn cael eu cyflwyno yn y diwrnodau i ddod.

“Mae’r sefyllfa yn ffatri’r *2 Sisters* yn Llangefni yn parhau i wella. Bellach, cyfanswm nifer yr achosion positif sy’n gysylltiedig â’r achos hwn yw 221, sydd i’w ddisgwyl pan roddir unrhyw broses brofi â ffocws ar waith, ac nid yw’n rhywbeth i boeni amdano.

“Yn ogystal, cyfanswm yr achosion positif a nodwyd yn ffatri prosesu cig *Kepak Merthyr* yw 138 ers mis Ebrill. Mae ymchwiliadau’r Tîm Rheoli Digwyddiadau yn parhau. Ni ddatganwyd bod achosion yn mynd ar led yn y gymuned, ond mae'r holl ymchwiliadau a mesurau rheoli angenrheidiol yn cael eu cynnal.

“Mae’r Asiantaeth Safonau Bwyd yn cynghori ei bod yn annhebygol iawn y gallwch ddal coronafeirws o fwyd. Mae Coronafeirws yn salwch anadlol. Ni ystyrir ei fod yn cael ei drosglwyddo trwy ddod i gysylltiad â deunyddiau pacio bwyd na bwyd.

Olrhain cysylltiadau a gwybodaeth gyffredinol

“Mae olrhain cysylltiadau yn parhau yng Nghymru fel rhan o strategaeth *Profi, Monitro, Olrhain* Llywodraeth Cymru. Bydd tîm o olrheinwyr cysylltiadau yn cysylltu ag unrhyw un sydd wedi cael prawf positif am Coronafeirws, a gofynnir am fanylion pawb y mae wedi bod mewn cysylltiad agos â nhw tra bod symptomau gyda nhw.

“Cadwch nodyn o'ch gweithgareddau er mwyn i chi allu cofio’n hawdd ble oeddech chi ar ddiwrnod penodol, ynghyd â gyda phwy yr oeddech mewn cysylltiad â nhw.

“Os gofynnir i chi hunanynysu, dylech hefyd gydymffurfio â'r gofyniad hwn er mwyn atal y feirws rhag lledaenu ymhellach.

“Mae olrheinwyr yn staff hyfforddedig a bydd yr wybodaeth bersonol rydych chi'n ei darparu yn cael ei thrin yn unol â rheoliadau diogelu data ac ni fydd yn cael ei rhannu'n eang.

“Rydym yn parhau i rybuddio ac atgoffa’r cyhoedd a pherchenogion busnes fod gennym ni i gyd rôl bwysig i’w chwarae wrth atal lledaeniad Coronafeirws trwy lynu wrth ganllawiau cadw pellter cymdeithasol bob amser – sicrhau eich bod yn cadw dau fetr oddi wrth bobl eraill a golchi eich dwylo yn rheolaidd. Wrth deithio, dylech hefyd osgoi rhannu ceir â phobl y tu allan i'ch cartref.

“Rhaid i unrhyw un yr amheuir bod ganddynt symptomau COVID-19, sef tymheredd uchel, peswch newydd a pharhaus neu golli synnwyr blasu neu arogli (anosmia), hunanynysu a chael prawf ar unwaith.

“Rhaid i achosion a gaiff eu cadarnhau ynysu am 7 diwrnod, a rhaid i aelodau o’u cartref ynysu am 14 diwrnod hyd nes bod y perygl o drosglwyddo’r haint ymhellach wedi mynd. Gyda’i gilydd, bydd y camau syml ond effeithiol hyn yn sicrhau nad yw’r feirws yn lledaenu.

“Mae gwybodaeth am symptomau Coronafeirws ar gael ar wefan Iechyd Cyhoeddus Cymru, neu gall aelodau'r cyhoedd ddefnyddio gwiriwr symptomau GIG Cymru.

“Gall unrhyw un sydd â symptomau Coronafeirws wneud cais am becyn profi gartref trwy fynd i www.gov.wales/coronavirus, neu trwy ffonio’r gwasanaeth ffôn 119 cenedlaethol.

“Ni ddylai unrhyw un yr amheuir bod ganddo/ganddi coronafeirws fynd i bractis meddyg teulu, fferyllfa nac ysbyty. Dim ond os yw'n teimlo na all ymdopi â'i symptomau gartref, fod ei gyflwr yn gwaethygu, neu os nad yw ei symptomau’n gwella ar ôl saith niwrnod y dylai gysylltu â NHS 111.

“Peidiwch â ffonio 999 oni bai eich bod yn profi argyfwng sy’n peryglu bywyd. Peidiwch â ffonio 999 dim ond oherwydd eich bod yn aros i 111 ateb eich galwad ffôn. Rydym yn deall bod llinellau 111 yn brysur, ond bydd rhywun yn ateb eich galwad ar ôl i chi aros.