



# Guidelines on preventive measures against corona virus



## OUTBREAK SITUATION

CONFIRMED CASES

52

INDIVIDUALS  
DISCHARGED FROM  
INSTITUTIONAL  
QUARANTINE

377

INDIVIDUALS TESTED

1,271

CONFIRMED DEATHS

00

TRAVELLERS IDENTIFIED

2,661

UNDER INSTITUTIONAL

QUARANTINE

602

UNDER FOLLOW UP

834

UNDER SELF  
QUARANTINE

141

**CORONAVIRUS (COVID-19)** —

**SITUATION UPDATES** —

[More Updates on COVID-19](#)

**COVID-19 SYMPTOMS** —



**SHORTNESS  
OF BREATH**

**SHORTNESS OF BREATH**

[READ MORE](#)



**FEVER**

**HIGH FEVER**

[READ MORE](#)





## DRY COUGH

[READ MORE](#)

CALL YOUR DOCTOR. IF YOU DEVELOP SYMPTOMS AND HAVE BEEN IN CLOSE CONTACT WITH A PERSON KNOWN TO HAVE COVID-19, OR HAVE RECENTLY TRAVELLED FROM CATEGORY 1 AND CATEGORY 2 COUNTRIES. MINISTRY OF HEALTH: 919 AND 0800-100-066

## MOH GUIDELINES



### CONTACT LIST FOR DHOS AND DSFPS IN UGANDA

The Ministry of Health would like to inform the general public that they can reach their District Health Officers...

[READ MORE](#)

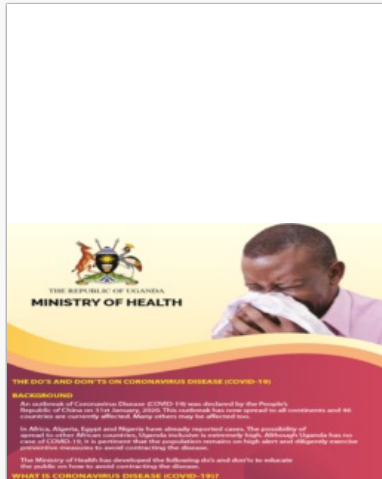


### CIRCULAR LETTER NO 3 GUIDELINES

Circular No3 of 2020 guidelines on preventive measures against corona virus (Covid-19).The

World Health Organization declared Corona Virus (COVID-19)...

[READ MORE](#)



### THE DO'S AND DON'TS ON CORONAVIRUS

**BACKGROUND** An outbreak of Coronavirus Disease (COVID-19) was declared by the People's Republic of China on 31st January, 2020. This outbreak has now spread to all continents and all countries and continues to affect many others every day.

In Africa, Algeria, Egypt and Nigeria have already reported cases. The possibility of spread to other African countries, Uganda included is extremely high. Although Uganda has no case of COVID-19, it is imperative that the population remains on high alert and adequately exercise preventive measures to avoid contracting the disease.

The Ministry of Health has developed the following do's and don'ts to educate the public on how to avoid contracting the disease.

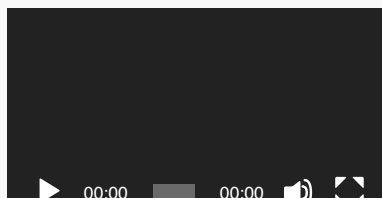


### COVID-19 GUIDELINES FOR SAFE MASS GATHERINGS

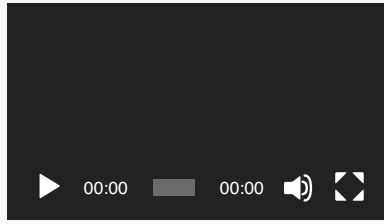
Mass Gatherings are characterized by the concentration of people at a specific location for a specific purpose over a...

[READ MORE](#)

### COVID-19 GUIDELINES IN LUNYANKORE



## COVID-19 GUIDELINES



## GRAPHICS

**PRESIDENTIAL GUIDELINES TO MANAGE THE SPREAD OF CORONAVIRUS**  
Effective 1st April 2020

**SUSPENDED**

- Movements in and out of country 32 DAYS
- Public Transport 14 DAYS
- Private Transport 14 DAYS
- Buses 14 DAYS
- Air Transport 32 DAYS

**CLOSED**

- Shopping Malls 14 DAYS
- Hardware shops 14 DAYS
- Bookshops 14 DAYS
- Schools 14 DAYS
- Home Food stores 14 DAYS
- Super Food Markets 32 DAYS
- Garages 14 DAYS

**PROHIBITED**

- Gatherings of more than 5 people
- Hotels
- Bars
- Ceremonial weddings
- Churches
- Political rallies and events
- Movements of any firm between 7:00pm and 6:30am

**ALLOWED (WITH PRECAUTION)**

- Food markets - 4 metres circumferential distance, workers must stay at camp
- Supermarkets - Regulate numbers that come and leave
- Construction sites - workers must stay at camp
- Factories - workers must camp
- Pharmacies
- Fuel stations
- Water departments
- NCCA staff
- Telecommunication
- Door-to-door delivery
- Cleaning services
- Medical centres
- Agriculture

**FOOD**

- Government will provide food for those affected

**BUSINESS**

- URA shall not close businesses on account of not paying taxes in these 14 days.
- Cargo transport must continue
- No disconnection of WATER and ELECTRICITY during this time
- No wage stoppages due to non loan payment

**GOVT WORKERS**

- Stay Home
- Away the Police, the Health workers, the Electricity, Water and Telephone workers allowed
- People in barracks should not get out.

**CURFEW**  
7:00pm - 6:30am

**SECURITY & HEALTH**

- The vehicles of the Armed Police, ambulances, utility vehicles, Private, UNDP, etc., will continue to move on orders of the competent authorities
- Government cars to help deliver people to hospitals

## OUR MISSION

Our Mission is to provide the highest possible level of health services to all people in Uganda through delivery of promotive, preventive, curative, palliative and rehabilitative health services at all levels”

## CALL US TODAY

**Address:** Plot 6, Lourdel Road,  
Nakasero P.O Box 7272, Kampala  
Uganda. Toll Free Lines 0800 203  
033 0800 100 066

**Website:** [www.health.go.ug](http://www.health.go.ug)

## SUBSCRIBE

First name or full name

Email

By continuing, you accept the privacy policy

Subscribe

## HEALTH TIPS

Wash you hands daily with the soap

Wear a mask if you are coughing or sneezing.

If you wear a mask, then you must know how to use it and dispose of it properly.



Copyright © 2020. All rights

reserved to Ministry Of Health |

Government Of Uganda | Covid-

19 [Ica](#)