

55 Confirmed Cases | 0 death  
Cases



# Guidelines on preventive measures against corona virus



## OUTBREAK SITUATION

CONFIRMED CASES

55

RECOVERIES

12

CONFIRMED DEATHS

00

INDIVIDUALS  
DISCHARGED FROM  
INSTITUTIONAL  
QUARANTINE

861

INDIVIDUALS TESTED

6661

TRAVELLERS IDENTIFIED

244

CONTACTS LISTED

1,302

UNDER INSTITUTIONAL  
QUARANTINE

231

UNDER FOLLOW UP

834

UNDER SELF  
QUARANTINE

141

**CORONAVIRUS (COVID-19)** —

**SITUATION UPDATES** —

[More Updates on COVID-19](#)

**COVID-19 SYMPTOMS** —



**SHORTNESS OF BREATH**

[READ MORE](#)



## HIGH FEVER

[READ MORE](#)

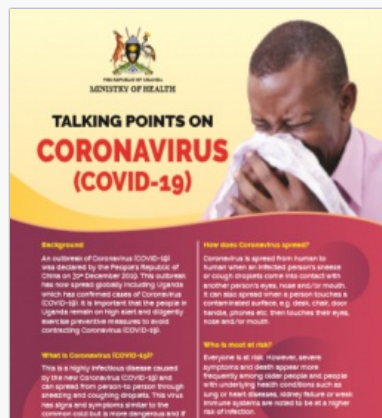


## DRY COUGH

[READ MORE](#)

CALL YOUR DOCTOR. IF YOU DEVELOP SYMPTOMS AND HAVE BEEN IN CLOSE CONTACT WITH A PERSON KNOWN TO HAVE COVID-19, OR HAVE RECENTLY TRAVELLED FROM CATEGORY 1 AND CATEGORY 2 COUNTRIES. MINISTRY OF HEALTH: 919 AND 0800-100-066

## MOH GUIDELINES



**TALKING POINTS ON CORONAVIRUS (COVID-19)**

**Background**  
An outbreak of Coronavirus (COVID-19) was declared by the People's Republic of China on 31st December 2019. This outbreak has now spread globally including Uganda which has confirmed cases of Coronavirus (COVID-19). It is important that the people in Uganda remain on high alert and diligently monitor themselves to ensure to avoid contracting Coronavirus (COVID-19).

**What is Coronavirus (COVID-19)?**  
This is a highly infectious disease caused by the new Coronavirus (COVID-19) and can spread from person to person through sneezing and coughing droplets. This virus has a high and asymptomatic period in the common cold but is more dangerous and it can spread early and unnoticed in health.

**How does Coronavirus spread?**  
Coronavirus is spread from human to human when an infected person's sneeze or cough droplets come in contact with another person's eyes, nose and/or mouth. It can also spread when a person touches a contaminated surface, e.g. door, chair, desk, hand, phone etc. then touches their eyes, nose and/or mouth.

**Who is most at risk?**  
Everyone is at risk. However, severe symptoms and death appear more frequently among older people and people who underlying health conditions such as lung or heart diseases, kidney failure or weak immune systems are more likely to be at a higher risk of infection.

## TALKING POINTS ON CORONA VIRUS

An outbreak of Coronavirus (COVID-19) was declared by the People's Republic of China on 31st December 2019. This outbreak...

[READ MORE](#)



### CONTACT LIST FOR DHOS AND DSFPS IN UGANDA

The Ministry of Health would like to inform the general public that they can reach their District



### CIRCULAR LETTER NO 3 GUIDELINES

Circular No3 of 2020 guidelines on preventive measures against corona virus (Covid-19).The World Health Organization declared Corona Virus (COVID-19)...

[READ MORE](#)



### THE DO'S AND DON'TS ON CORONAVIRUS

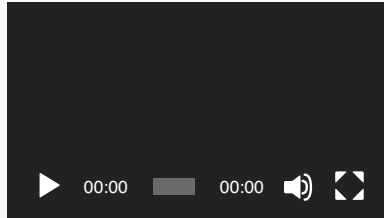
BACKGROUND An outbreak of Coronavirine Disease (COVID-

## CORONAVIRUS DISEASE (COVID-19)

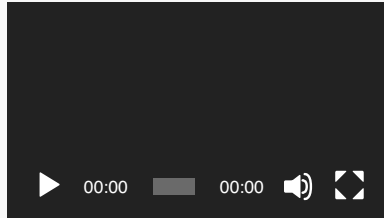
COVID-19 was declared by the People's Republic of China on 31st January, 2020....

[READ MORE](#)

## COVID-19 GUIDELINES IN LUNYANKORE



## COVID-19 GUIDELINES



## GRAPHICS



**PRESIDENTIAL GUIDELINES TO MANAGE THE SPREAD OF CORONAVIRUS**  
Effective 1st April 2020

**SUSPENDED**

- Movements in and out of country 31 DAYS
- Public Transport 14 DAYS
- Private Transport 14 DAYS
- Boda Boda 14 DAYS
- Tuk Tuk 14 DAYS
- Coaches 14 DAYS
- Buses 14 DAYS
- Air Transport 31 DAYS

**CLOSED**

- Shopping Malls 14 DAYS
- Arcades 14 DAYS
- Hairdressing Salons 14 DAYS
- Salons 14 DAYS
- None Food stores 14 DAYS
- Non-Food Markets 31 DAYS
- Garages 14 DAYS

**PROHIBITED**

- Gatherings of more than 5 people
- Parties
- Bars
- Communal weddings
- Churches
- Political rallies and events
- Movements of any form between 7:00pm and 6:30am

**FOOD**

- Government will provide food for those affected

**GOV'T WORKERS**

- Stay Home
- Army, the Police, the Health workers, the Electricity Water and Telephone workers allowed
- People in barracks should not get out.

**ALLOWED (WITH PRECAUTION)**

- Food markets - 4 metres circumferential distance, workers should stay at camp
- Supermarkets - regulate numbers that come and leave
- Construction sites - workers must stay at camp
- Factories - workers must camp
- Pharmacies
- Vet shops
- Agric stores
- Churches
- Media houses
- Private security companies
- Garbage collection services
- Fuel stations
- Water departments
- KCCA staff
- Telecommunication
- Door-to-door delivery
- Cleaning services
- Medical centres
- Agriculture

**BUSINESS**

- USA shall not close businesses on account of not paying taxes in those 14 days.
- Charge transport must continue
- No discontinuation of WATER and ELECTRICITY during this time.
- No selling properties due to non loan payment

**CURFEW**  
7:00pm - 6:30am

**SECURITY & HEALTH**

- The vehicles of the Army, Police, Pilots, UFW, etc. will continue to move on orders of the competent authorities
- Government can't help deliver people to hospitals

## OUR MISSION

Our Mission is to provide the highest possible level of health services to all people in Uganda through delivery of promotive, preventive, curative, palliative and rehabilitative health services at all levels”

## CALL US TODAY

**Address:** Plot 6, Lourdel Road,  
Nakasero P.O Box 7272, Kampala  
Uganda. Toll Free Lines 0800 203  
033 0800 100 066

**Website:** [www.health.go.ug](http://www.health.go.ug)

## SUBSCRIBE

First name or full name

Email

By continuing, you accept the privacy  
policy

Subscribe

## HEALTH TIPS

Wash you hands daily with the soap

Wear a mask if you are coughing or  
sneezing.

If you wear a mask, then you must  
know how to use it and dispose of it  
properly.



Copyright © 2020. All rights  
reserved to Ministry Of Health |  
Government Of Uganda | Covid-

19 [Ica](#)

Opportunities    MOH Opportunities