

1,051 Confirmed Cases 0 Death  
Cases

HOME

ABOUT CORONAVIRUS

COVID-19 COMMUNICATION RESOURCES

TECHNICAL GUIDANCE

MINISTRY OF HEALTH HOME

FAQ

#### COVID-19 STATUS

CONFIRMED CASES

1,051

ACTIVE CASES

198

RECOVERIES (BOTH  
UGANDANS AND NON-  
UGANDANS)

1,014

COVID-19 FOREIGN  
TRUCK DRIVERS EXITED

1,426

CONTACTS LISTED

13,409

SAMPLES TESTED

232,608

CONTACTS COMPLETED  
FOLLOWUP

12,343

CONTACTS UNDER  
FOLLOWUP

973

UNDER QUARANTINE

1,587

FOREIGN CASES ON  
ADMISSION

22

UGANDANS ON  
ADMISSION

172

**CORONAVIRUS (COVID-19)** —

## COVID-19 SYMPTOMS

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### SHORTNESS OF BREATH

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### HIGH FEVER

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### DRY COUGH

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## MOH GUIDELINES

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### NATIONAL GUIDELINES FOR QUARANTINE

On 30 January 2020, the WHO

declared the outbreak of coronavirus disease (COVID-19) a Public Health Emergency of International...

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### **SECTOR GRANT AND BUDGET GUIDELINES**

Sector Grant and Budget Guidelines to Local Governments. These guidelines are issued by the Ministry of Health (MOH) to...

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### **PRIMARY HEALTH CARE NON-WAGE RECURRENT GRANT**

Primary Health Care Non-Wage Recurrent Grant and Budget Guidelines to Health Centre II, III and IV, and General Hospitals....

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**MINISTRY OF HEALTH**

## Guidelines for the use of Masks

<b>1. What are the types of masks on the Ugandan market?</b>	<p>There are two types of masks on the Ugandan market namely:</p> <ul style="list-style-type: none"> <li>• Medical</li> <li>• Non-Medical</li> </ul> <p>The medical masks include: N95, H95, and surgical masks.</p> <ul style="list-style-type: none"> <li>• The non-medical masks are made out of fabric (cloth)</li> <li>• Medical masks should be reserved for health workers in health facilities and are not available since it is used in hospital environment. It is highly cost and protects various infectious organisms, and to reduce surgery.</li> </ul>
<b>2. How do face masks work?</b>	<ul style="list-style-type: none"> <li>• COVID-19 is spread through sneezing, coughing, talking and breathing.</li> <li>• When an infected person wears a face mask, the mask blocks the virus from coming through sneezing, coughing, talking and breathing.</li> <li>• The mask also prevents droplets from an infected person reaching the nose and mouth of the person wearing it.</li> </ul>
<b>3. What type of masks should be used by the community?</b>	<ul style="list-style-type: none"> <li>• The community is encouraged to use non-medical masks (masks made out of fabric or paper).</li> <li>• A paper/cloth mask with a filter material (e.g. paper filter) or cotton filter or any material that makes it often used for non-patient (protecting high ground) between the 2 people who interact the mask. The material acts as a filter and can be removed before wearing. The procedure is available and available.</li> </ul>
<b>4. How preferable are cloth and other face-masks?</b>	<ul style="list-style-type: none"> <li>• "Wearing a cloth cover mask is considered a 'face mask' if it can be worn over the nose, mouth and chin." (Report from CDC)</li> </ul>
<b>5. Who should wear a mask?</b>	<ul style="list-style-type: none"> <li>• All adults</li> <li>• Children aged 6 years and above</li> <li>• People with breathing difficulties should seek advice from medical personnel.</li> <li>• Children aged 2-5 years are very active and cannot take care of their masks and observe hygiene. They should only put on masks under close supervision.</li> <li>• Children below 2 years should not wear a mask as they have a small lung capacity.</li> </ul>

## GUIDELINES FOR THE USE OF MASKS

What are the types of masks on the Ugandan market?

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## ARE YOU READY FOR COVID-19



Show empathy with those affected



Learn about the disease to assess the risks



Adopt practical measures to stay safe

Learn more to Be READY for COVID-19

### ADDRESS FEAR



Share the latest facts & avoid hyperbole



Show solidarity with affected people



Tell the stories of people who have experienced the virus

Learn more to Be READY for COVID-19

### ADDRESS STIGMA



Check in regularly especially with those affected



Encourage them to keep doing what they enjoy



Share WHO information to manage anxieties



Provide calm and correct advice for your children

Learn more to Be READY for COVID-19

### ALWAYS BE KIND

condition like:



Cardiovascular disease



Respiratory condition



Diabetes

by avoiding crowded areas or places where you might interact with people who are sick.

Learn more to Be READY for COVID-19

### ALWAYS STAY INFORMED

## DOS AND DONTs OF COVID-19

## PENDEMIC



### DO'S AND DON'TS

**BACKGROUND** An outbreak of Coronavirus Disease (COVID-19) was declared by the People's Republic of China on 31st December, 2019....

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### CORONAVIRUS – DOS AND DONTs – A5 FLYER

**CORONAVIRUS (COVID-19)**  
**BACKGROUND** An outbreak of Coronavirus Disease (COVID-19) was declared by the People's Republic of China on 31st...

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### NGAKARAMOJONG DOS AND DONTs

Abwanguni edeke lo ana kwamp a china ngirwa kelap 31.12.2019 elapar edeke loo ngakwapin nguna elalaak Epepori edeke lo...

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**EBIKOLEBWA N'EBITAKOLEBWA  
YIGGU NKANI KORONA  
(COVID -19)**

**OLUMMBE OLWA YIGGU NKANI KORONA**  
Ghano namawango ag'endwaire ya Yigu nkani Korona agakolebwa n'agatakolebwa.

**EBYAFAYO**  
Endwaire ya Korona - yabukizwa mwihanga bya china bwelyatangira nka 31/ 12/2019.  
Endwaire eno, esororire awaghangira gona gona.  
Obwoobi bwa yigu, nkani Korona, obw'ukusozana mu Uganda buh waguhi nka.

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### LUSOGA DOS AND DONTs

OLUMMBE OLWA YIGGU  
NKANI KORONA Ghano  
namawango ag'endwaire ya  
Yigu nkani Korona agakolebwa  
n'agatakolebwa. EBYAFAYO  
Endwaire ya Korona ,...

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### HANDLING OF MASKS

<https://youtu.be/6Pah31SmIZ0>

### COVID-19 ADVISE

<https://youtu.be/U-QDdZdj-Dk>

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### GRAPHICS

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## OUR MISSION

**Our Mission** is to provide the highest possible level of health services to all people in Uganda through delivery of promotive, preventive, curative, palliative and rehabilitative health services at all levels”

## CALL US TODAY

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Nakasero P.O Box 7272, Kampala  
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033 0800 100 066

**Website:** [www.health.go.ug](http://www.health.go.ug)

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## HEALTH TIPS

Wash you hands daily with the soap

Wear a mask if you are coughing or sneezing.

If you wear a mask, then you must know how to use it and dispose of it properly.



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