ARKANSAS DEPARTMENT OF HEALTH



Search

HOME / DISEASES & CONDITIONS / COVID-19

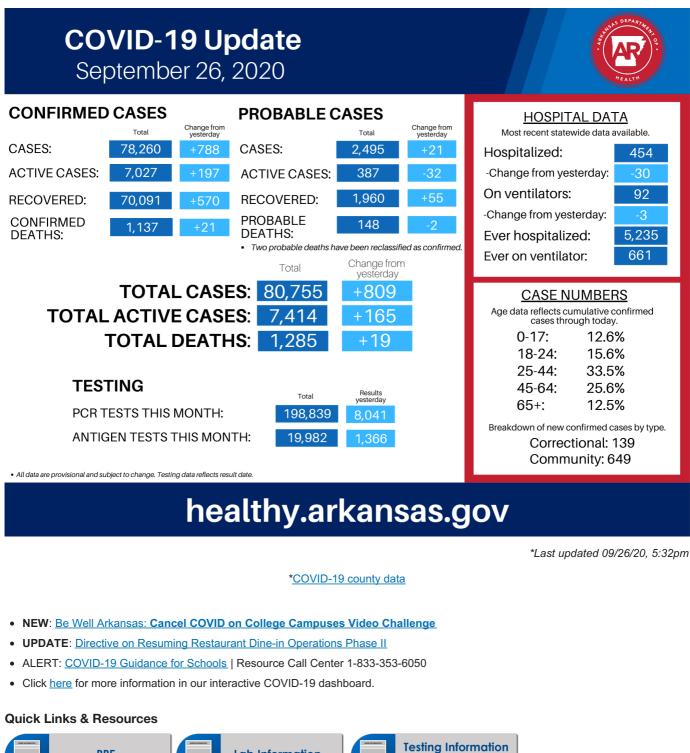
COVID-19

<u>COVID-19 Dashboard | Directives & Guidances | Isolation | Quarantine | Resources | Recursos en Español |</u> <u>Reports | Testing</u>

To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.
- If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. <u>Testing is available</u> in many locations, including ADH Local Health Units.
- Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click here to read the requirements.

Alerts/Updates





- Click here for the Governor's Weekly COVID-19 Press Briefings
- Click here for Health Guidances
- Educational Institutions Reports
- <u>Contact Tracing</u>
- <u>COVID-19 Positive Test Support Groups</u>
- State of Arkansas COVID-19 website
- <u>Masks are Required Signage | Spanish</u>
- Rules Suspended Due to COVID-19 Public Health Emergency Under EO20-06
- ADH news releases
- <u>COVID-19 Media Library</u>

ADH COVID-19 Status Updates

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For additional assistance or questions, call the ADH COVID-19 Call Center at 1-800-803-7847, or email <u>ADH.CoronaVirus@arkansas.gov</u>. For immediate quarantine and isolation sheltering needs for homeless or displaced individuals, please call 501-661-2136.

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DISEASES & CONDITIONS

COVID-19 -

COVID-19 Contact Tracing
COVID-19 County Data
COVID-19 Directives, Orders, & Health Guidances
COVID-19 Guidance for Behavioral and Mental Health -
COVID-19 Guidance About Chloroquine
COVID-19 Guidance for Dentists
COVID-19 Guidance for Employers
COVID-19 Guidance for EMS
COVID-19 Guidance for Getting Tested
COVID-19 Guidance for Healthcare Providers
COVID-19 Guidance for High Risk Individuals
COVID-19 Guidance for Homeless Shelters and Services
COVID-19 Guidance for Orthotists, Prosthetists, and Pedorthists
COVID-19 Guidance for Pharmacies
COVID-19 Guidance for Places of Worship
COVID-19 Guidance for Self Home Isolation
COVID-19 Guidance for Self Home Quarantine
COVID-19 Guidance for Travelers
COVID-19 Media Library
COVID-19 Recursos en Español
COVID-19 Reports
COVID-19 Resources
ARCHES Survey

Blood Pressure (Hypertension) -	
Cancer -	
Communicable Diseases -	
Diabetes -	
Diseases from Animals & Insects -	
Epidemiology	
Healthcare-Associated Infections (HAI) -	
Heart Disease ▼	
nfectious Disease -	
Stroke -	
Tuberculosis	



