ARKANSAS DEPARTMENT OF HEALTH



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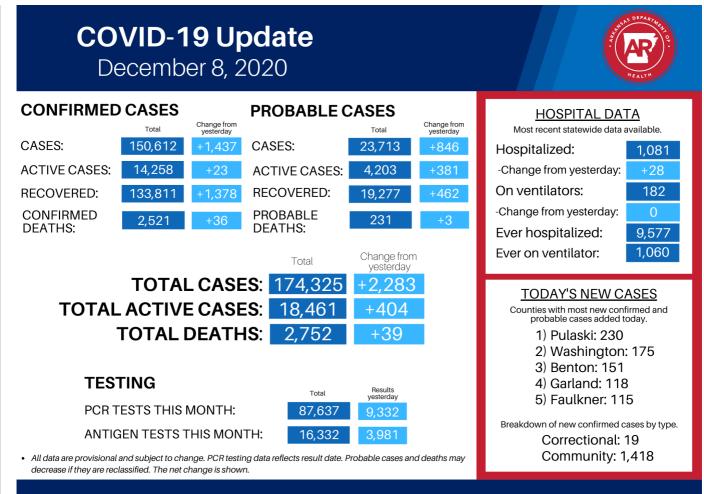
COVID-19

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To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.
- If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. <u>Testing is available</u> in many locations, including ADH Local Health Units.
- Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click here to read the requirements.

Alerts/Updates



healthy.arkansas.gov

*Last updated 12/08/20,2:33pm

*COVID-19 county data

- NEW: Guidelines for Evaluating and Availability of Essential Healthcare Workers to Return to Work
- NEW: Holiday Guidance for Residents of Long-term Care Facilities and Families
- NEW: Directive on Alcoholic Beverage Control on-premise permitted locations
- NEW: CDC guidance shows cloth masks protect wearer as well as people around them
- NEW: Holiday Guidance During the COVID-19 Pandemic | Spanish
- NEW: CDC COVID-19 Vaccination Program Provider Agreement
- NEW: Strategies for Preventing the Spread of COVID-19 during Winter
- NEW: <u>COVID-19 Vaccination Plan</u> Interim Draft
- UPDATE: Guidance for self-home quarantine
- UPDATE: Guidance on Places of Worship | Spanish
- ALERT: COVID-19 Guidance for Schools | Resource Call Center 1-833-353-6050
- Click here for more information in our interactive COVID-19 dashboard.

Quick Links & Resources



- Click here for the Governor's Weekly COVID-19 Press Briefings
- Click here for Health Guidances

- Click <u>here</u> for the CDC Travel Planner to see restrictions in place in other locations
- Educational Institutions Reports
- <u>Contact Tracing</u>
- <u>COVID-19 Positive Test Support Groups</u>
- State of Arkansas COVID-19 website
- <u>Masks are Required Signage | Spanish</u>
- Rules Suspended Due to COVID-19 Public Health Emergency Under EO20-06
- ADH news releases
- <u>COVID-19 Media Library</u>

ADH COVID-19 Status Updates

**For best performance, please avoid using Internet Explorer

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For additional assistance or questions, call the ADH COVID-19 Call Center at 1-800-803-7847, or email <u>ADH.CoronaVirus@arkansas.gov</u>. For immediate quarantine and isolation sheltering needs for homeless or displaced individuals, please call 501-661-2136.

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DISEASES & CONDITIONS

COVID-19 -

COVID-19 Contact Tracing

COVID-19 County Data COVID-19 Directives, Orders, & Health Guidances COVID-19 Guidance About Hydroxychloroquine and Chloroquine COVID-19 Guidance for Behavioral and Mental Health + COVID-19 Guidance for Dentists COVID-19 Guidance for Employers COVID-19 Guidance for Employers COVID-19 Guidance for Getting Tested COVID-19 Guidance for Getting Tested COVID-19 Guidance for Healthcare Providers COVID-19 Guidance for High Risk Individuals COVID-19 Guidance for Homeless Shelters and Services COVID-19 Guidance for Orthotists, Prosthetists, and Pedorthists COVID-19 Guidance for Pharmacies COVID-19 Guidance for Pharmacies

COVID-19 Guidance for Self Home Isolation

COVID-19 Guidance for Self Home Quarantine	
COVID-19 Guidance for Travelers	
COVID-19 Media Library	
COVID-19 Recursos en Español	
COVID-19 Reports	
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COVID-19 Vaccination Plan -	
ARCHES Survey	
Blood Pressure (Hypertension) -	
Cancer -	
Communicable Diseases -	
Diabetes -	
Diseases from Animals & Insects -	
Epidemiology	
Healthcare-Associated Infections (HAI) -	
Heart Disease -	
Infectious Disease -	
Stroke -	
Tuberculosis	





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1-800-462-0599

For information, inquiries, feedback and comments contact

us.