### **ARKANSAS DEPARTMENT OF HEALTH**



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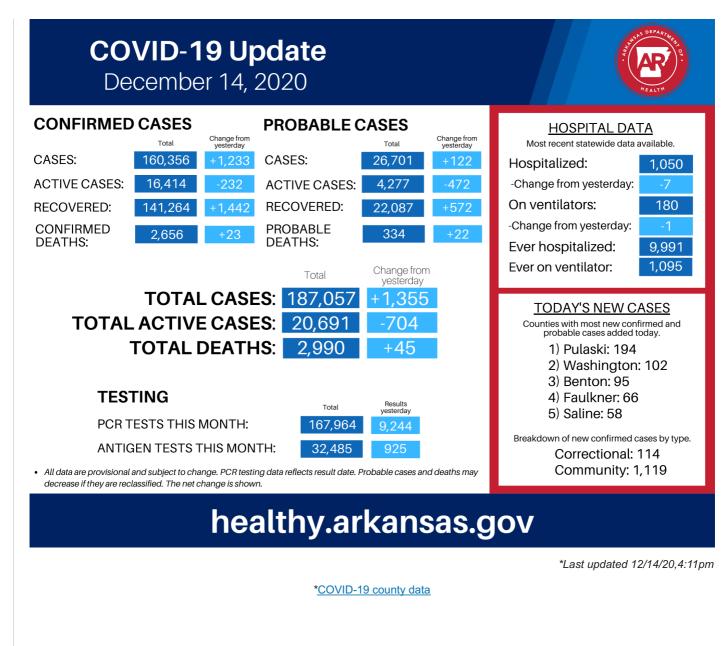
## COVID-19

#### <u>COVID-19 Dashboard | Directives & Guidances | Isolation | Quarantine | Resources | Recursos en Español |</u> <u>Reports | Vaccine | Testing</u>

#### To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.
- If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. <u>Testing is available</u> in many locations, including ADH Local Health Units.
- Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click here to read the requirements.

#### **Alerts/Updates**



- NEW: Antigen Test Clarification
- NEW: Guidelines for Evaluating and Availability of Essential Healthcare Workers to Return to Work
- NEW: Holiday Guidance for Residents of Long-term Care Facilities and Families
- NEW: CDC guidance shows cloth masks protect wearer as well as people around them
- NEW: Vaccine | For Providers
- UPDATE: Guidance for self-home quarantine
- UPDATE: Guidance on Places of Worship | Spanish
- ALERT: <u>COVID-19 Guidance for Schools</u> | Resource Call Center 1-833-353-6050
- Click here for more information in our interactive COVID-19 dashboard.

#### **Quick Links & Resources**



- Click here for the Governor's Weekly COVID-19 Press Briefings
- Click here for Health Guidances
- Click here for the CDC Travel Planner to see restrictions in place in other locations
- Educational Institutions Reports
- <u>Contact Tracing</u>

- <u>COVID-19 Positive Test Support Groups</u>
- <u>State of Arkansas COVID-19 website</u>
- <u>Masks are Required Signage | Spanish</u>
- Rules Suspended Due to COVID-19 Public Health Emergency Under EO20-06
- ADH news releases
- <u>COVID-19 Media Library</u>

# ADH COVID-19 Status Updates

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For additional assistance or questions, call the ADH COVID-19 Call Center at 1-800-803-7847, or email <u>ADH.CoronaVirus@arkansas.gov</u>. For immediate quarantine and isolation sheltering needs for homeless or displaced individuals, please call 501-661-2136.

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#### **DISEASES & CONDITIONS**

#### COVID-19 -

COVID-19 Contact Tracing
COVID-19 County Data
COVID-19 Directives, Orders, & Health Guidances
COVID-19 Guidance About Hydroxychloroquine and Chloroquine
COVID-19 Guidance for Behavioral and Mental Health -
COVID-19 Guidance for Dentists
COVID-19 Guidance for Employers
COVID-19 Guidance for EMS
COVID-19 Guidance for Getting Tested
COVID-19 Guidance for Healthcare Providers
COVID-19 Guidance for High Risk Individuals
COVID-19 Guidance for Homeless Shelters and Services
COVID-19 Guidance for Orthotists, Prosthetists, and Pedorthists
COVID-19 Guidance for Pharmacies
COVID-19 Guidance for Places of Worship
COVID-19 Guidance for Self Home Isolation
COVID-19 Guidance for Self Home Quarantine
COVID-19 Guidance for Travelers

COVID-19 Media Library	
COVID-19 Recursos en Español	
COVID-19 Reports	
COVID-19 Resources	
COVID-19 Vaccination Plan -	
ARCHES Survey	
Blood Pressure (Hypertension) -	
Cancer -	
Communicable Diseases -	
Diabetes -	
Diseases from Animals & Insects -	
Epidemiology	
Healthcare-Associated Infections (HAI) -	
Heart Disease -	
Infectious Disease -	
Stroke -	
Tuberculosis	





#### 1-800-462-0599

For information, inquiries, feedback and comments contact

us.