



## Daily Update on Novel Coronavirus (COVID-19) November 13, 2020

New or updated information is in red and bold.

This update is available online at [healthvermont.gov/covid19](https://healthvermont.gov/covid19)  
Click the “See the Latest Update” button.

Please visit the Vermont Department of Health’s COVID-19 web and data pages  
[healthvermont.gov/covid19](https://healthvermont.gov/covid19)

### **As cases rise, Governor Scott announces new mitigation measures**

To slow the spread of COVID-19 as cases and hospitalizations rise in Vermont and throughout the nation, Governor Scott announced Friday [several temporary limitations](#) on social gatherings and business operations.

#### **Public and Private Multi-Household Social Gatherings Prohibited —**

Attendance at all public and private social gatherings, indoor and outdoor, including social gatherings incidental to ceremonies, holiday gatherings, parties and celebrations, shall be limited to participation with only members of a single household. Individuals who live alone may gather with members of their immediate family residing in a different household.

#### **Restaurant Hours and Seating Limits —**

Restaurants must close in-person dining at 10 p.m., but may provide curbside and delivery service after 10 p.m. For in-person dining, restaurants must seat only one household per table, in accordance with existing capacity limits and the new restriction on multi-household gatherings.

#### **Closure of Bars and Social Clubs —**

Bars and social clubs will be closed for in-person service until further notice. Curbside and delivery service is allowed.

#### **Pausing Recreational Sports —**

Youth and adult recreational sports activities, not related to Vermont Principals Association sanctioned school sports, are suspended until further notice.

#### Telework Requirements —

All businesses, non-profits and government entities shall reinstitute telework policies for all employees to the maximum extent possible. In person meetings are strongly discouraged and should be held by telephone or video conference whenever possible.

#### Contact Tracing and Testing Requirements —

All restaurants and other businesses hosting non-essential activities shall maintain a 30-day log of employee and guest names and contact information in case contact tracing is required by the Health Department. These individuals are consenting to be contacted by the Health Department Contact Tracing Team. Further, all Vermonters are directed to comply with requests made by the Contact Tracing Team. Finally, college students returning home in Vermont (from in-state and out-of-state schools) shall quarantine for 14 days or seven days with a negative COVID-19 test and testing is strongly encouraged.

[Read the press release.](#)

#### New on healthvermont.gov

Learn more about the percentage of COVID-19 cases who reported travel to or from Vermont up to 14 days before symptoms started (or if they had no symptoms, the date they were tested) in the latest [Weekly Data Summary Spotlight](#).

Get the latest news and updates on Health's COVID-19 response. Sign up for our new [Weekly COVID-19 Update Email](#). It will be sent every Friday starting Nov. 20.

#### Case Information

Current COVID-19 Activity in Vermont

As of 12 p.m. on November 13, 2020

Description	Number
New cases*	84 (2,743 total)
Currently hospitalized	21
Hospitalized in ICU	3
Hospitalized under investigation	3
Percent Positive (7-day average)	1.1%
People tested	198,607
Total tests	461,509
Total people recovered	1,977

<b>Deaths+</b>	<b>59</b>
<b>Travelers monitored</b>	<b>222</b>
<b>Contacts monitored</b>	<b>241</b>
<b>People completed monitoring</b>	<b>10,574</b>

\* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more data at: [healthvermont.gov/currentactivity](https://healthvermont.gov/currentactivity).

## **Get Your Flu Shot!**

Flu season in Vermont will soon start to hit its stride. And it's especially important for everyone to get their flu shot this year, and soon – when flu viruses and the new coronavirus may be spreading at the same time.

We encourage everyone older than 6 months old (with rare exceptions) – and especially people in a high-risk group or who have underlying health conditions – to get their flu vaccine.

Help keep flu out of the picture! [Learn more about the flu and how to get your flu shot.](#)

## **Guidance for Vermonters and Businesses**

- Health information, guidance and data: [healthvermont.gov/covid19](https://healthvermont.gov/covid19)
- By sector guidance: [accd.vermont.gov/covid-19](https://accd.vermont.gov/covid-19)
- Travel map and modeling: [dfr.vermont.gov/about-us/covid-19/modeling](https://dfr.vermont.gov/about-us/covid-19/modeling)
- Governor's actions: [governor.vermont.gov/covid19response](https://governor.vermont.gov/covid19response)
- Find guidance for [long-term care facilities](#) and [adult day programs](#), on the Department of Disabilities, Aging, and Independent Living's [Restart Vermont web page](#).

Get the information you need at our [Frequently Asked Questions](#).

## **School & Child Care Guidance**

- **Strong and Healthy Start:** [Safety and Health Guidance for Vermont Schools](#)
- **Mental Health:** [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)
- **Child care:** [Health Guidance for Child Care and Out of School Care](#)

More resources on the [Your Community web page](#).

## **Traveler Information**

All non-essential travel to or from Vermont now requires quarantine. Visit our [Travel & Quarantine](#) web page for more information and to [sign up with Sara Alert for symptom check reminders](#).

## **Getting Tested for COVID-19**

[Visit our testing web page](#) to learn about who should get tested and where to get tested.

## **Take Care of Your Emotional and Mental Health**

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- For more information visit [healthvermont.gov/suicide](https://healthvermont.gov/suicide).

Visit [VT Helplink](#) to get connected to Alcohol and Drug Support Services.

Get self-help tips and connect to mental health services at [COVID Support VT](#).

See ways for [Coping with Stress](#).

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**Media Contact:** [CV19media@vermont.gov](mailto:CV19media@vermont.gov)

Information for the public can be found at <https://healthvermont.gov/covid19>.