

Daily Update on Novel Coronavirus (COVID-19) January 11, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19

Click the "See the Latest Update" button

Please visit the Vermont Department of Health's COVID-19 web and data pages healthvermont.gov/covid19

COVID-19 Vaccine in Vermont

Get the latest information on <u>COVID-19 vaccination in Vermont</u>, including who can get the vaccine now and who will be eligible next. Check back often as we update this page regularly with new information.

While we wait for vaccine to become more widely available to Vermonters, we must keep up our prevention practices, including physical distancing, mask-wearing, handwashing and staying home when we're sick. This is still the best protection from getting and spreading COVID-19.

The COVID-19 Vaccine Dashboard will be updated daily starting tomorrow.

New on healthvermont.gov

Learn more about how Health Department data analysts create the map of town level data in the latest Weekly Data Summary Spotlight.

If you gathered with others, get tested

If you gathered with anyone you don't live with or had a potential exposure to someone with COVID-19, we recommend getting tested. This is how you can help keep the virus from spreading.

Vermonters without COVID symptoms can now get tested at more than 15 regular locations throughout the state, and more of them are now open daily. Many sites now allow you to take a sample yourself, using a short swab in your nose. It's quick, easy and free.

Register for a test by visiting healthvermont.gov/covid19testing. (You will need to create an account to register.)

If you have symptoms of COVID-19, please contact your health care provider so they can refer you for testing. If you don't have a provider, you can call 2-1-1.

Case Information

Current COVID-19 Activity in Vermont As of 12 p.m. on January 11, 2021

| Description | Number |
|----------------------------------|---------------|
| New cases* | 109 |
| | (9,078 total) |
| Currently hospitalized | 47 |
| Hospitalized in ICU | 10 |
| Hospitalized under investigation | 6 |
| Percent Positive (7-day average) | 2.6% |
| People tested | 280,012 |
| Total tests | 761,740 |
| Total people recovered | 6,027 |
| Deaths+ | 156 |
| Travelers monitored | 246 |
| Contacts monitored | 203 |
| People completed monitoring | 12,107 |

^{*} Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more data at: healthvermont.gov/currentactivity.

Guidance for Vermonters and Businesses

- Health information, guidance and data: healthvermont.gov/covid19
- Sector guidance: accd.vermont.gov/covid-19
- Modeling: dfr.vermont.gov/about-us/covid-19/modeling
- Governor's actions: governor.vermont.gov/covid19response

Get the information you need at our Frequently Asked Questions.

⁺ Death occurring in persons known to have COVID-19. Death certificate may be pending.

School & Child Care Guidance

- Strong and Healthy Start: Safety and Health Guidance for Vermont Schools
- Mental Health: <u>A Strong and Healthy Start: Social, Emotional and Mental Health</u> <u>Supports During COVID-19</u>
- Child care: Health Guidance for Child Care and Out of School Care

More resources on the **Your Community web page**.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- For more information visit <u>healthvermont.gov/suicide</u>.
- Visit our Coping With Stress web page.
- Get connected to Alcohol and Drug Support Services at <u>VT Helplink</u>.
- Get self-help tips and connect to mental health services at COVID Support VT.

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Media Contact: CV19media@vermont.gov

Information for the public can be found at https://healthvermont.gov/covid19.