



COVID-19 Daily Update February 8, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19
Click the “See the Latest Update” button

Vaccine Eligibility in Vermont

Vermont is making progress in Phase 2 of COVID-19 vaccination, basing efforts on our primary goal – saving lives. We will keep Vermonters informed of when eligibility will expand to the next group. Stay up to date by visiting healthvermont.gov/covid19-vaccine.

Good news! Even if your age group is not yet eligible, you can still get a step ahead by creating your account in our system. That way, when your age group is up, it'll be smooth sailing to sign up for your first dose. Learn more: healthvermont.gov/MyVaccine.

COVID-19 VACCINES IN VERMONT: ELIGIBILITY STATUS



Updated 2.3.21

If you had a Super(bowl) Sunday gathering, please quarantine and get tested

If you gathered with people you don't live with this past weekend, it's important to lower the risk of spreading COVID-19. Please quarantine and get tested right away – and again on day

7 or later. If the test you take on day 7 is negative, then your quarantine can end. (Otherwise, quarantine is 14 days). Find free testing near you at healthvermont.gov/covid-19/testing.

More Options for Testing

The Vermont Department of Health has partnered with CIC Health to offer COVID-19 testing at many sites in Vermont for anyone without symptoms. These sites now allow Vermonters to take their own samples using a short swab in your nose. Watch [a new video](#) to learn how easy it is to do!

Register for a test by visiting healthvermont.gov/testing. (You will need to create an account to register.)

If you have [symptoms](#) of COVID-19, please contact your health care provider so they can refer you for testing. If you don't have a provider, you can call 2-1-1.

New on healthvermont.gov

One of the best ways to stop the spread of COVID-19 is by getting tested as soon as you start to feel sick. See the latest [Weekly Data Summary Spotlight](#) and learn more about the average amount of time between symptom onset and when the Health Department receives a person's test result – so that public health response can begin.

COVID-19 Activity in Vermont

As of 12 p.m. on February 8, 2021

Data is updated daily.

Description	Number
New cases*	143 (13,046 total)
Currently hospitalized	59
Hospitalized in ICU	17
Hospitalized under investigation	4
Percent Positive (7-day average)	1.8%
People tested	312,270
Total tests	934,293
Total people recovered	9,675
Deaths+	183
Travelers monitored	186
Contacts monitored	186
People completed monitoring	12,943

Find more data on COVID-19 Activity at: healthvermont.gov/currentactivity.

COVID-19 Vaccine Data

As of 12 p.m. on February 6, 2021

Data is updated Tuesdays through Saturdays.

Description	Number
Total people who have received least one dose of vaccine	60,425 (10.7% of population)
Total people who have received two doses of vaccine (completed)	26,510

Find more vaccine data on the COVID-19 Vaccine Dashboard: healthvermont.gov/covid19-vaccine-data.

Additional Resources About Vaccination and More

- Find answers to your questions about the COVID-19 vaccine from the CDC: www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html.
- Get Vermont-specific information in our [Frequently Asked Questions](#).
- Sign up for [the COVID-19 Weekly Email Update](#).
- Find information sheets, posters and toolkits on our [Resources web page](#), in addition to translated materials.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.

You can also get more information and resources:

- Visit our [Coping With Stress](#) web page.
- Get connected to Alcohol and Drug Support Services at [VT Helplink](#).
- Get self-help tips and connect to mental health services at [COVID Support VT](#).

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Media Contact: CV19media@vermont.gov

Information for the public can be found at <https://healthvermont.gov/covid19>.