



COVID-19 Daily Update February 24, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19 Click the "See the Daily Update" button

New travel and gatherings guidance for fully vaccinated people

Under Vermont's updated guidance, people who are fully vaccinated may now:

- Gather with one other household at time.
- People who are fully vaccinated may also travel to Vermont and return from out of state travel without quarantine restrictions.

"Fully vaccinated" means 14 days have passed since your final dose.

These changes come following updates to <u>CDC guidance</u> that fully vaccinated people who meet the criteria will no longer be required to quarantine following an exposure to someone with COVID-19.

Get more information about vaccination, quarantine, and more in our <u>Frequently Asked</u> <u>Questions</u>.

Vaccination to Expand on March 1 to People Age 65 and Older

Beginning on March 1, Vermonters age 65 and older will be able to make their appointments to receive the COVID-19 vaccine.

You can make an appointment online at <u>healthvermont.gov/MyVaccine</u> starting at 8:15 a.m. on March 1. Anyone who is unable to make their appointment online, needs help, or who wants to speak with someone in a language other than English can call 855-722-7878.

If you are in the 65-69 age group, please do not call to make an appointment until March 1.

New users will first be asked to create an account, then they can select a place, date and time to get vaccinated. People who already have an account because they were tested

through a Health Department site, will use the same account to make their vaccination appointment.

You can save time by creating your account now at healthvermont.gov/MyVaccine!

Anyone who has previously been eligible to receive a vaccine continues to be eligible and can make their appointments now.

Slow the Spread of COVID-19 - Get Tested!

As the state moves forward with its vaccination program, it continues to be equally important that people know if they have the virus – and the only way to know is to be tested.

Visit <u>healthvermont.gov/testing</u> to find a nearby test site. You can make an appointment or just walk in!

Knowing if you carry the virus means you can act to protect yourself, your loved ones and your community from COVID-19. If you got together with anyone outside your household, think you might have been exposed to the virus, or have any symptoms (no matter how mild) — get tested!

There are more than enough testing supplies and opportunities throughout the state. Testing is free to all, and many sites now let you <u>take your own sample</u> using a short swab in your nose.

If you're a close contact of someone with COVID-19, you can use <u>this timeline</u> to help guide when to get tested.

If you have <u>symptoms</u> of COVID-19, please contact your health care provider so they can refer you for testing. If you don't have a provider, you can call 2-1-1.

New on healthvermont.gov

According to current data, people are more likely to get COVID-19 through close contact to another case, and less likely to be associated with an outbreak. While we are still seeing outbreaks across the state, they are not as impactful as they were in October and early November. Learn more in in our latest <u>Weekly Data Summary Spotlight</u>.

COVID-19 Activity in Vermont

As of 12 p.m. on February 24, 2021 Data is updated daily.

NOTE: Numbers for monitoring are no longer reported on the dashboard, as our COVID-19 reporting evolves to share the most relevant information. We continue to internally track travelers and contacts monitored, and people who have completed monitoring.

Description	Number
New cases*	78
	(14,768 total)
Currently hospitalized	28
Hospitalized in ICU	10
Hospitalized under investigation	4
Percent Positive (7-day average)	1.5%
People tested	327,343
Total tests	1,031,951
Total people recovered	11,998
Deaths+	201

Find more data on COVID-19 Activity at: healthvermont.gov/currentactivity.

COVID-19 Vaccine Data

As of 12 p.m. on February 24, 2021 Data is updated Tuesdays through Saturdays.

Description	Number
Total people who have received least one dose of vaccine	92,546 (16.7% of population)
Total people who have received two doses of vaccine (completed)	47,722

Find more vaccine data on the COVID-19 Vaccine Dashboard: <u>healthvermont.gov/covid19-vaccine-data</u>.

Additional Resources About Vaccination and More

- Find answers to your questions about the COVID-19 vaccine from the CDC: <u>www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html</u>.
- Get Vermont-specific information in our <u>Frequently Asked Questions</u>.
- Sign up for the COVID-19 Weekly Email Update.
- Find information sheets, posters and toolkits, as well as translated materials on our <u>Resources web page</u>.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.

You can also get more information and resources:

- Visit our <u>Coping with Stress</u> web page.
- Get connected to Alcohol and Drug Support Services at <u>VT Helplink</u>.
- Get self-help tips and connect to mental health services at <u>COVID Support VT</u>.

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Information for the public can be found at https://healthvermont.gov/covid19.