

# COVID-19 Daily Update March 1, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19

Click the "See the Daily Update" button

There will be no Daily Update Tuesday, March 2. State offices will be closed for Town Meeting Day.

The Governor's Tuesday COVID-19 Press Briefing will be held as usual.

## More than 18,600 Vermonters Age 65 and Older Make Appointments for Vaccine

On the day eligibility for COVID-19 vaccine expanded broadly to Vermonters age 65 and older Monday, more than 18,600 people made appointments to get vaccinated through the Health Department's online registration system.

The 65-69 age group includes about 42,000 Vermonters.

If you or your loved one is eligible and have not made your appointment, please visit <a href="https://mexito.org/myVaccine">healthvermont.gov/MyVaccine</a> to make one today! There are enough appointments available for everyone who is eligible. Anyone who has previously been eligible to receive a vaccine continues to be eligible.

#### **Weekend Milestone**

As of Saturday, more than 100,000 people in Vermont have gotten their COVID-19 vaccine, with more people getting theirs every day. Every person vaccinated makes our little state that much safer. Keep it up, VT!

## Slow the Spread of COVID-19 — Get Tested!

As the state moves forward with its vaccination program, it continues to be equally important that people know if they have the virus – and the only way to know is to be tested.

Visit <u>healthvermont.gov/testing</u> to find a nearby test site. You can make an appointment or just walk in!

Knowing if you carry the virus means you can act to protect yourself, your loved ones and your community from COVID-19. If you got together with anyone outside your household, think you might have been exposed to the virus, or have any symptoms (no matter how mild) — get tested!

There are more than enough testing supplies and opportunities throughout the state. Testing is free to all, and many sites now let you <u>take your own sample</u> using a short swab in your nose.

If you're a close contact of someone with COVID-19, you can use <u>this timeline</u> to help guide when to get tested.

If you have <u>symptoms</u> of COVID-19, please contact your health care provider so they can refer you for testing. If you don't have a provider, you can call 2-1-1.

## New on healthvermont.gov

One in 7 cases of COVID-19 are among Black, Indigenous and people of color (BIPOC). Rates of COVID-19 are two times higher for BIPOC compared with white non-Hispanic residents. View our latest <a href="Weekly Data Summary Spotlight">Weekly Data Summary Spotlight</a> to learn more about the 1,742 Vermont resident cases who are Asian, African American or Black, American Indian or Alaskan Native, Hispanic or race other than white.

### **COVID-19 Activity in Vermont**

As of 12 p.m. on March 1, 2021 Data is updated daily.

Description	Number
New cases*	85
	(15,284 total)
Currently hospitalized	24
Hospitalized in ICU	8
Hospitalized under investigation	5
Percent Positive (7-day average)	1.4%
People tested	331,605
Total tests	1,076,259
Total people recovered	12,626
Deaths+	205

Find more data on COVID-19 Activity at: healthvermont.gov/currentactivity.

#### **COVID-19 Vaccine Data**

As of 12 p.m. on Feb. 27, 2021 Data is updated Tuesdays through Saturdays.

Description	Number
Total people who have received least one dose of vaccine	100,549 (18.1% of population)
Total people who have received two doses of vaccine (completed)	53,527

Find more vaccine data on the COVID-19 Vaccine Dashboard: <a href="https://healthvermont.gov/covid19-vaccine-data">healthvermont.gov/covid19-vaccine-data</a>.

#### **Additional Resources About Vaccination and More**

- Find answers to your questions about the COVID-19 vaccine from the CDC: www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html.
- Get Vermont-specific information in our <u>Frequently Asked Questions</u>.
- Sign up for the COVID-19 Weekly Email Update.
- Find information sheets, posters and toolkits, as well as translated materials on our Resources web page.

#### Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your <u>local mental health crisis line.</u>
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- Call the <u>National Suicide Prevention Lifeline</u> at 1-800-273-8255.

You can also get more information and resources:

- Visit our <u>Coping with Stress</u> web page.
- Get connected to Alcohol and Drug Support Services at <u>VT Helplink</u>.
- Get self-help tips and connect to mental health services at <u>COVID Support VT</u>.

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Information for the public can be found at https://healthvermont.gov/covid19.